



**FREE** Take Me Home

Vol. 17, No. 24

From the Beaches to the River District downtown Fort Myers

JUNE 15, 2018



Sheena Brook

# **Summer Concert** Series Continues With Rising Stars

The second concert of the Sounds of Summer series at the Sidney & Berne Davis Art Center (SBDAC) will feature local favorite Sheena Brook and newcomer Melissa Lee on Friday,

photos provided

June 22. Doors open at 7:30 p.m. and the music begins at 8 p.m. At the concert, audience members will find out the winner of the People's Choice Award for the center's June Juried Exhibition.

The Sounds of Summer concert series is a biweekly event that features two acclaimed acts performing inside on the SBDAC stage.

Lee, an emerging Nashville singer, will open the evening by performing her



Melissa Lee

original songs. She is a contemporary country artist that is highly influenced by pop and classic rock. Her voice can be compared to Miranda Lambert and Natalie Maines of the Dixie Chicks. She kicked off the new year with a sold-out album release show at Kewadin Casino in Sault Ste. Marie, Michigan and spent 2017 on tour with Confederate Railroad. Lee has opened for many national acts such as Brothers Osborne, Cole Swindell and David Allan Coe.

Brook, who appeared on NBC's Season 12 of The Voice, will then perform an hour-long solo acoustic set of her original music. Though considered a country singer/songwriter, she has created her own sound by playing all types of genres. With her quick wit and ability to connect and interact with her audience, she uses techniques like looping to create music on continued on page 15



From left, Heather McLemore Shaw, Danica Murray, Brian Linthicum, Alberto Gayoso, Randall Kenneth Jones, Sue Schaffel, Steven Coe and Char Loomis photo provided

# Campy Fun At Lab Theater

by Di Saggau

any remember the old film Hush Hush Sweet Charlotte with Bette Davis and Olivia de Havilland. A parody of the film, Hush Up Sweet

Charlotte, is now being performed at Laboratory Theater of Florida and believe me, you won't forget this one either. It's a parody of the movie with men playing women's roles and a woman playing a man's role. All together, it makes for an unforgettable and very funny experience.

It's 1964 and Charlotte (Brian Linthicum) is distraught because the continued on page 18

# Dads Admitted Free At Estates On Father's Day



Edison & Ford Winter Estates is giving dads a break on Father's Day

photo provided

o honor dads on Father's Day, Sunday, June 17, Edison & Ford Winter Estates is offering free admission for all fathers. Free admission includes an audio tour of Thomas Edison's and Henry Ford's winter homes, the

museum, the National Historic Chemical Landmark laboratory and more than 20 acres of botanic gardens.

Dads, moms and children can all have fun inventing in the Smithsonian Spark!Lab,

continued on page 23

Historic Downtown Fort Myers, Then And Now:

# Bottling And Boats Yield To Condos



by Gerri Reaves, PhD

ong before riverfront condo towers rose in the Billy's Creek area east of downtown, it was the thriving "East End." That end of town started to develop and quickly grow, starting in the 19-teens.

From the creek eastward to the historic neighborhood of Edgewood, marine businesses dominated well into the mid-20th century, joined by machine shops, car and motorcycle repair shops, and other businesses.

First Street east of Billy's Creek is now named Palm Beach Boulevard, but originally it was called East First Street.
Pictured in the July 2003 photo is but one early 20th-century

building that bit the dust in the flurry of condo construction of the last decade. The two-storefront building with Mediterranean-style flourishes reminiscent of

the Florida Boom was located across the street from WINK Broadcasting. In its last incarnation, it was Mainsail Marina and Xtreme Marine boat repair.

Far left in the photo, the north span of the Edison Bridge is visible. Not clearly visible, however, is Billy's Creek and its seawall.

But, across the creek on the west side, construction of Beau Rivage Condominiums is under way, as signified by that crane looming over the diminutive structure (in line with the palm tree on the right).

Not long after the 2003 photo was taken, Alta Mar Condominiums were built on the

The majority of the riverfront property on which Alta Mar stands was for many years Daniels Brothers Boatways, which relocated there from the downtown waterfront in the

Other smaller businesses were located close to the street, like the building pictured here. It was used for a variety of purposes over a long existence, including truck warehouse, marine business and car repair shop.



Shortly after this photo was taken in 2003, this building, which for decades was an RC Cola bottling plant, was destroyed to make way for Alta Mar Condominiums

photo courtesy SWFL Florida Historical Society



An enlargement of this 2003 photo shows the building's Mediterranean-style architectural features: decorative scrollwork over (originally) arched windows, ornamental medallions, ironwork mini-balcony and Spanish tiles. On the far left across the creek, Beau Rivage is photo courtesy SWFL Florida Historical Society under construction.

But the business that figured longest in its history was the RC Cola bottling plant, located there from about 1942 until the 1960s. In the early days, it also produced Nehi soft drinks, Upper-10 and Par-T-Pak products.

Among the unusual facts about the long-running bottling plant is that in April 1942, the Lions Club boiled and dyed approximately 1,000 eggs there! They were for the organization's annual Easter Egg Hunt, which was held nearby in Dean Park. (Those eggs were supplemented by large candy eggs.)

Also in that month of 1942, the plant staff placed prominent announcements in *The* 

News-Press regarding a recent court ruling affecting RC Cola plants across the country.

Courts had dismissed claims by RC's "largest competitor" that it had sole rights to use the word "cola" in its products name. The court determined that the word is generic and no one had a monopoly on it.

Another notable moment in RC's history? Closing for several weeks during the continued on page 4



Today, Alta Mar is located on a large parcel where Daniels Brothers Boatways and the former RC Cola plant formerly existed. In the distance, left to right, are other products of the condo boom, Riviera, San Tropez and Beau Rivage.

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# **Animal Refuge** Center Casino Royale Fundraiser

et ready to try your luck at Vegas-style table games while raising money for the Animal Refuge Center (ARC). ARC's 6th annual Casino Royale will be held on Friday, July 6 from 7 to 11 p.m.

This event has become so popular,' said Rob Spicker, board president. "We've added another hour and think you'll really enjoy the new set up.

Ćasino Royale is a James Bond themed signature event of the Animal Refuge Center. Once again, it is being held at the Hyatt Regency Coconut Point Resort and Spa. This year, there will be an added element of an outdoor terrace adjoining the air conditioned ballroom that overlooks the Hyatt's grounds.

As always, your favorite games of chance will be available: blackjack, poker, roulette and craps.

Tickets to the event include \$2,000 in "cash" to gamble as you see fit. Additional "cash" can be purchased with a donation to ARC.

There will be a silent and live auction. as well as a few new attractions. Attire should range from cocktail to formal (if you're feeling Bond-like).

A spectacular selection of food is planned, as well as a fully stocked cash bar. And of course, no event would be complete without a few ARC residents there to remind you why you came.

Tickets are \$75. Casino Royale is being

presented by Bonney Leckie – Century 21 Selling Paradise, and sponsorships are still available. "We're offering License to No-Kill sponsorships for \$750 and Diamonds are Furever sponsorships for \$500," Spicker said.

All the money raised at Casino Royale supports the Animal Refuge Center in North Fort Myers, Southwest Florida's largest no-kill shelter. Since 1988, the Animal Refuge Center has been fulfilling its mission of sheltering animals in need, adopting as many as we can into good homes and educating Southwest Florida about proper pet care. The ARC vows that that once an animal is accepted for adoption, it will not be destroyed to make room for another.

Tickets and sponsorships can be purchased directly through the Animal Refuge Center website at www. animalrefugecenter.com.☆

# Continental Women To Meet

ontinental Women's Club will hold its next monthly meeting at The Hideaway Country Club on Thursday, July 5 at 11:30 a.m. Guest speaker JoAnn Luce from the Koreshan State Park in Estero will talk about the history of the park, its settlers and its addition to the National Register of Historic Places.

Cost to attend the luncheon is \$22. The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. For more information, call 691-7561.☆

# Hot Chili Rods Charity Cruise Returns June 16



Classic cars at a previous charity cruise event

photo provided

anibel Outlets will host its second annual Hot Chili Rods Charity Cruise on Saturday, June 16 from 10 a.m. to 2 p.m. The classic car show proceeds will benefit Rotary Club of Fort

The family-friendly car show will showcase a collection of corvettes, street rods, muscle cars, chevys, mustangs, and more. The free show will also feature "cruisin" music, a disc jockey and food trucks.

Judging for the cruise begins

at 11 a.m. First and second prizes will be awarded in a variety of class categories at 1 p.m. To enter your car in the charity cruise, visit the events tab at www.sanibeloutlets.com for fee information and a downloadable entry form.

Sanibel Outlets is located at 20350 Summerlin Road in Fort Myers. For more information or to enter your car, contact Sue Helondovitch of Strategy + Style Marketing Group at 973-588-3979 or sueh@strategyplusstyle.com.☆

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TXRD Roller Derby players vie for position

# Smithsonian Exhibition At The Alliance

The Smithsonian's Museum on Main Street Hometown Teams: How Sports Shape America traveling exhibition will be on display from June 30 through August 11 at the Alliance for the Arts. The opening ceremony is Friday, July 6 from 5 to 8 p.m.

The exhibition demonstrates how hometown sports energize the

photos provided

community, instill pride and create a bond that is passed from one generation to the next. It also examines the many roles that sports play in American society.

To complement the Smithsonian's traveling exhibit, the Southwest Florida Historical Society and Lee County Black History Museum will curate memorabilia exhibits with local sports stories.

Throw on your favorite jersey, nosh on peanuts and popcorn, participate in free patriotic arts and crafts projects and explore the exhibit. This event is family-friendly, free and open to the



Tennis player Althea Gibson

public

A panel discussion on the history of sports in Lee County will be held at the Alliance on Saturday, July 21 at 10 a.m. The panelists will be announced soon.

The Alliance will also screen *The Mighty Ducks* on Saturday, July 14 and *Caddyshack* on Saturday, July 28 in the theater. Tickets are \$5 presale and include admission to the gallery. Seating is limited and first come, first served. *Caddyshack* is rated R and sponsored by Winged Foot Title.

Receptions and panel discussions are open to the public and do not require

tickets or reservations. While gallery admission is free, a \$5 suggested donation keeps Alliance programming affordable and accessible.

This exhibit is made possible by a Florida Humanities Council Grant awarded to the Southwest Florida Historical Society. Project partners include the Smithsonian, the Alliance for the Arts and the Lee County Black History Society.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information about this exhibit, visit www.artinlee.org/hometownteams or call 939-2787.



#### Historic Downtown

summer of 1945 and again early in 1946 due to World War II sugar shortages.

Walk down First Street and over Billy's Creek Bridge to see the former site of the RC Cola plant, where 1,000 eggs were prepared for Easter festivities.

Then visit the following two research centers to learn more about the transformation of the East End into condo land.

The Southwest Florida Historical Society is an all-volunteer nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday from 4 to 7 p.m.

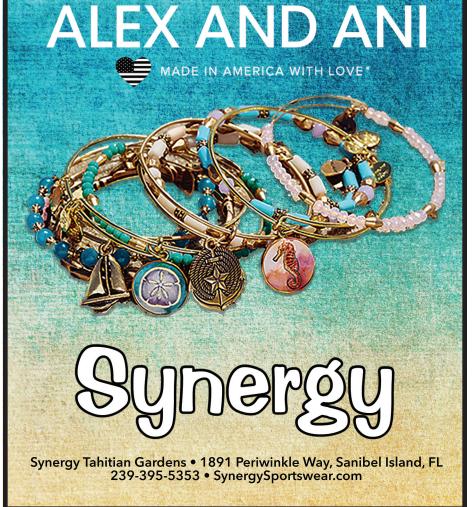
It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit leecountyblackhistorysociety.org.

Sources: The Archives of the Southwest Florida Historical Society and The News-Press.







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Fort Myers Art:

# **New Community** Theater Set For Inaugural Season



by Tom Hall

Text season, a new community theater will open in Fort Myers. Located at 13211 McGregor Boulevard (roughly midway between College Parkway and Cypress Lake

Drive), the New Phoenix Theatre will strive to entertain and enlighten the community, celebrate diversity and inspire imagination. The theater is the brainchild of seven actors and directors who have worked together at Cultural Park Theater in Cape Coral and The Laboratory Theatre of Florida in downtown Fort Myers, namely Brenda Kensler (who serves as president), Anthony Neri (vice-president), Lori Riti, Debra Neri, James Robinson, Alide Jarbeau and Tom Riti.

The name is strategic.

"We all come from previous experiences in the theater - some good and some not so good," divulges co-founder Lori Riti, whose stage credits since arriving in Southwest Florida include Chris in Calendar Girls, Frankie in Frankie and Johnny at the Clair de Lune, Kate in Kiss Me Kate, Elaine in Arsenic and Old Lace, the niece in The Sunshine Boys, Nikki in Musical Comedy Murders of 1940, Ms. Casewell in Mousetrap, Mrs. Smith in Meet Me in St. Louis, and roles in The



**New Pheonix Theatre** 

Laramie Project, The Gay Marriage Plays and Agnes of God at Lab Theater.

We feel like this is the beginning of something fresh and new for all of us - a chance for us to be reborn."

High on Phoenix's agenda is bringing greater diversity and more roles for women in the local theater scene. The theater will even have a mechanical lift that will convey handicapped actors, directors and stage hands onto the boards and backstage facilities.

New Phoenix will open its inaugural 2018-19 season in October with Marvin's Room, a dark comedy by playwright Scott McPherson that affords a moving view of one woman's commitment to family and correlative response to despair.

photo courtesy www.artswfl.com

The season will include five other shows, including one musical. *Inspecting Carol* is a hilarious hit from Seattle by Daniel J. Sullivan that involves a man who asks to audition at a small theater and is mistakenly identified as an informer for the National Endowment for the Arts. The Shadow Box is a compelling dramatic triptych by Michael Cristofer where three terminal cancer patients dwell

in separate cottages on a hospital's grounds. La Cage Aux Folles is a beloved 1983 Broadway hit musical with music and lyrics by Jerry Herman and book by Harvey Fierstein about Cagelles (men in drag) performing lively musical numbers and an enduring love that's at the heart of the show. Quartet is a funny and poignant play by Ronald Harwood that takes place in a home for retired opera singers in England and involves an annual birthday celebration that is disrupted by an ex-wife of one of the opera singers. Rumors is a classic farcical hilarity by Neil Simon staged at a tastefully appointed Sneden's Landing townhouse where the Deputy Mayor of New York has just shot himself and his wife is nowhere in sight. Four couples face confusion and miscommunication prior to the arrival of the other guests.

Seating will be cozy initially, with the theater's proscenium accommodating 100 seats for plays and musicals and 300 spectators for concerts. Tickets will go on sale at a date yet to be announced.

For more information as well as performance dates and times, visit www.newphoenixtheatrefortmyers.org or follow The New Phoenix Theatre on Facebook.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.☆

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# Seagrass Gardening Work Begins June 18

he Charlotte Harbor National Estuary Program (CHNEP) and the Calusa Waterkeeper are working with partners including Johnson Engineering and Sea & Shoreline Aquatic Restoration as well as local residents and volunteers to replant seagrasses in the Tidal Caloosahatchee River. The kick-off event with dignitaries will be held in Centennial Park on Monday, June 18 at 10 a.m.

The event will feature opening remarks from the major organizations participating in the project as well as dignitaries including Rep. Heather Fitzenhagen. The remarks will then be followed by a 15-minute demonstration on site plants and exclusion cages that will be used. After the demonstration, volunteers will leave by boats to go to other actual planting locations.

This project is to restore the Tidal Caloosahatchee River's submerged aquatic vegetation (SAV) communities. The species planted are Ruppia maritime (commonly known as Ruppia) and Vallisneria Americana (commonly known as tape or eel grass). Aquatic vegetation is an important part of estuarine ecosystems, providing vital reproductive and nursery habitat for fish in addition to food for grazers such as manatees and turtles. They also improve water quality and clarity

by removing nutrients and sediment. The Caloosahatchee has historically supported vast seagrass beds. However, much of the coverage has been lost in recent years due in part to alterations in water flows to the Tidal Caloosahatchee River.

The project will entail creating five planting areas, covered by herbivore exclusion cages to protect the seedlings while they are getting established, in five locations on the north and south shores of the Caloosahatchee between the I-75 and U.S. 41 bridges. The sites were selected to be along waterfront residents who wanted to participate in the project. CHNEP and Calusa Waterkeeper staff and volunteers, along with staff from Johnson Engineering and Sea & Shoreline will be installing the plantings and cages, as well as participating in the ongoing maintenance and monitoring efforts.

The Charlotte Harbor National Estuary Program applied for and was funded through a grant agreement from the Florida Department of Environmental Protection, Florida Coastal Management Program, with monies provided by the National Oceanic and Atmospheric

Administration (NOAA).

Centennial Park is located at 2101 Edwards Drive in Fort Myers. For more information, contact Jennifer Hecker, executive director of the Charlotte Harbor National Estuary Program, at jhecker@ chnep.org or 941-575-3392 or John Cassani, Calusa Waterkeeper, at info@ calusawaterkeeper.org or 245-9954.



Chico's FAS, Inc. sponsored their 43rd Habitat for Humanity of Lee and Hendry home, through their sponsorship of Women Build, helping to provide affordable housing to a mother and her two children

# Four Habitat Homes In Two States Dedicated

ongtime community partner Chico's FAS, Inc. celebrated the dedication of their 43rd sponsored Habitat home in Lee County with local affiliate Habitat for Humanity of Lee and Hendry Counties. It's the company's second home dedicated locally this spring.

Chico's FAS took their commitment to empowering women and providing affordable housing national through Habitat International's Home is the Key Partnership. Chico's FAS celebrated the sponsorship of two Habitat home dedications in Nashville, Tennessee as part of the newly formed partnership for a total of four homes dedicated in

photos courtesy Kirsten Troyer Photography April and May.

Locally, Chico's FAS served as the

title sponsor for Women Build for the 8th consecutive year. Not only did the company contribute financially but more than 150 of their associates volunteered over 600 hours to help build one of the three Women Build homes. This house will provide a mother and her two daughters a safe place to begin their future.

"Women Build is all about empowering women," said Pam Avesian, vice president of internal audit at Chico's FAS and board member for Habitat for Humanity of Lee & Hendry Counties. "There's something supernatural about women helping women. The program changes lives, but not just for the women who purchase the home. It also changes the lives of the volunteers who go through the



Associates from Chico's FAS traveled to Nashville, Tennessee to help build two homes as part of the company's sponsorship of Habitat's Home is the Key Partnership with Drew and Jonathan Scott, stars of the hit HGTV show Property Brothers

process with them."

Women Build engages women in the effort to provide safe and decent homes for families in need of affordable housing. By recruiting, educating and inspiring women to build, they can transform lives in their communities.

Habitat homes in Lee and Hendry Counties are built through the use of volunteer labor and donations of money and materials. Habitat partner

families purchase the homes at the appraised value, paying an affordable monthly mortgage that includes taxes and insurance. The partner families must apply and qualify for the Habitat homeownership program; pay \$1,700 toward their closing cost; attend classes focusing on homeownership, budgeting and home maintenance; and complete 300 hours of "sweat equity" working 

# Big Backpack Event To Provide School Supplies

he largest back-to-school outreach program in Lee County is back for its 19th year on Sunday, July 29 from 10 a.m. to 2 p.m. North Fort Myers High School will serve as the new venue for the free Big Backpack Event, where thousands of kids will receive free backpacks and school supplies in a celebration of community diversity.

Supplies come from community members and business sponsors who donate through the Adopt-A-Student fundraising program before the event. Each \$10 donation provides a student with a new backpack, notebook paper, folders, crayons, glue, pencils and pens.

The Multicultural Centre of Southwest Florida hosts the popular community outreach that has provided new backpacks and school supplies to more than 35,000 students over the years. The event lends a helping hand to students and families in need while shining a light on diversity

within Southwest Florida with live entertainment that borrows from cultures around the world.

"I'm grateful we can empower so many children to start the school year off right with the tools they need for success," said Leonardo Garcia, executive director of the Multicultural Centre of Southwest Florida. "Our committee, sponsors, vendors and volunteers show tremendous commitment each year to generosity and building greater cultural understanding.

Supplies will be available to the first 2,000 children ages 5 to 12 who come to the event accompanied by a parent or guardian. The line typically begins to form as early as 7 a.m., but it moves quickly once the doors open. Thanks to vendors, students will also receive free back-to-school eye exams, haircuts and other giveaways, while supplies last.

North Fort Myers High School is located at 5000 Orange Grove Boulevard in North Fort Myers. For more information on Adopt-A-Student, vendor, volunteer or business sponsorship opportunities, visit www.multiculturalcentre.org or email info@multiculturalcentre.org.₩

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# Along The River

The downtown Fort Myers River District will again be the scene for **Music Walk** this Friday, June 15. Restaurants, bars, art galleries and shops will showcase a wide range of music during the evening from 6 to 10 p.m. Expect live jazz and blues to rock, drums and much more. Each month brings new energy to the historic streets of downtown Fort Myers.

To learn more, visit www. fortmyersriverdistrictalliance.com.

SWFL Space Con 2018 will be held at Lee Civic Center this weekend, June 16 and 17. Time frames include Vendor Hall from 9 a.m. to 7 p.m. on Saturday and 9 a.m. to 6 p.m. on Sunday; Gaming Room from 10 a.m. to 8 p.m. on Saturday and 10 a.m. to 7 p.m. on Sunday; Smash Tournament from 10 a.m. to 8 p.m. on Saturday; and Panels & Entertainment from 10 a.m. to 8 p.m. on Saturday and 10 a.m. to 7 p.m. on Sunday.

The second annual science fiction and comic book convention features guests from the comic book, film and book industry as well as vendors, game demos, drop-in gaming, game tournaments, cosplay guests, photo ops, autograph ops, panels, costume contests and entertainment.

Cost is \$10 per day for adults and \$5 for parking each day. Children age 12 or younger will be charged \$5 per day. Tickets can be obtained at www. leeciviccenter.com/tickets or at the gates. Lee Civic Center is located at



Wear a costume for SWFL Space Con 2018 and get \$2 off your ticket cost

photo courtesy Flickr

11831 Bayshore Road in North Fort Myers.

The Gulf Coast Writers Association will hold its next meeting at Zion Lutheran Church this Saturday, June 16 from 10 a.m. to noon. Guest speaker will be DL Havlin, who will discuss how he weaves reality into a world of fiction. There is no charge for first time guests.

Zion Lutheran Church is located at 7401 Winkler Road in Fort Myers. For more information, call 770-906-7885 or go to www.gulfwriters.org

The Alliance for the Arts Youth Theatre is bringing Calvin Berger,

a high school musical by Barry Wyner, to the stage this Saturday, June 16 at 2 p.m. and 8 p.m., and Sunday, June 17 at 2 p.m. Seating is general admission and ticket prices range from \$10 to

Based loosely on Edmond Rostand's play Cyrano de Bergerac, Calvin Berger is the hip and hilarious story of unrequited feelings, love notes and physical insecurity among four high school seniors.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Muers. For more information, call the box office at 939-2787 or visit www. artinlee.org.

The United Way Day of Action volunteers encourage you to **Be A Hero! Donate Blood!** this Saturday, June 16 from 10 a.m. to 3 p.m. United Way of Lee, Hendry, Glades and Okeechobee, in partnership with Lee Health Blood Center, will be holding the blood drive at the United Way Main Campus, 7273 Concourse Drive in Fort Myers.

There are special incentives for this

event such as free United Way Day of Action T-shirts, students receive a volunteer hour credit for school, free food and door prizes. O'Donnell Landscapes, Inc. has made the incentives possible through a generous sponsorship.

A second location in Cape Coral will also be taking blood donations at the Winn Dixie parking lot, located at 1016 Cape Coral Parkway East. Volunteer heroes can obtain more information and make an appointment by visiting www.unitedwaylee.org/dayofaction.

To donate blood you must weigh at least 115 pounds, be at least 17 years old, or 16 with parental consent, provide a photo ID if you are a new

The Fort Myers Regional Library will host The Great Florida Invasion: From Pepper to Pythons, an interesting discussion sponsored by the Friends of the Fort Myers Library, on Monday, June 18 from 6:30 to 8:30

From the first medieval pigs abandoned in Florida in 1521 through the invasion of lionfish, this presentation explores how escaped or introduced species have impacted the indigenous flora, fauna and sea life of the Sunshine State.

With information derived from the award-winning The Living Gulf Coast - A Nature Guide to Southwest Florida, author Charles Sobczak takes a sobering look at everything from the Burmese python to Brazilian pepper. Other invasive species included in the presentation are Australian pines, iguanas, starlings, tilapia and nutria.

Sobczak will discuss possible solutions and warn of other, even more harmful animals that could impact Florida in the years to come. The discussion is free to attend, but registration is required.

The Fort Myers Regional Library is located at 2450 First Street in downtown Fort Myers. Call 533-4600 for more information.

continued on page 14

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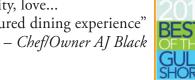
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# Music Foundation **Awarded Grant**

he Music Foundation of Southwest Florida has been awarded a \$10,000 grant by the Suncoast Federal Credit Union. The grant makes it possible for the nonprofit to replace worn out instruments that have served approximately 4,000 students per year for several years through the Fifth Grade Travelling Instrument Program.

For over 25 years, the local music foundation has been sending sets of musical instruments to fifth graders in the Lee County Public School elementary schools. Through this program, students are able to have hands-on introductory experiences with band and orchestra instruments under the direction of their music teachers. The purpose of this experience is to build interest and motivation for students to be part of a band or orchestra in middle school and perhaps develop a life-long interest in playing. In addition to the Fifth Grade

Travelling Instrument Program, the foundation has brought music programs to the young people of Southwest Florida through programs such as the Double Reed Festival, Summer Music Camps and various scholarships and grants. Each year the foundation awards approximately \$10,000 to \$15,000 to deserving music students from Southwest Florida.

Ruth Christman, executive director of The Music Foundation of Southwest Florida, said, "We are so proud that this year we were able to give out over \$6,500 for scholarships to high school students for music summer camp programs around the country. This is the largest amount we have given in any year. Our work does not stop with this, though. We are now preparing for summer music and arts camp for middle schoolers.

For more information, visit www. music-foundation.org.☆



Guests at Free Admission Day will get a chance to see the Old Schoolhouse for White Children, 1896; and Burnap Cottage, an old fishing cottage, 1898 photo provided

# Free Admission At Historical Village This Saturday

The Sanibel Historical Village will offer free admission for all visitors on Saturday, June 16 from 10 a.m. to 1 p.m.

"We decided to hold Free Admission Days because sometimes Sanibel residents tell us they have never been to the village," said Executive Director Emilie Alfino. With our mission to share and celebrate Sanibel's history, we wanted to do something to entice more people to explore the village. Once they do, we know they'll love it and return many times and bring family and friends."

The free day is not aimed at just locals but is open to all visitors.

The Sanibel Historical Museum & Village tells the story of Sanibel from the Calusa and Spanish eras to the early pioneer families who settled on the island in the 1800s. It tells of warriors, adventurers, fishermen, farmers and

proprietors. The island's way of life is recreated in a village of nine structures that have been relocated from their original sites, restored and preserved. Visitors trace the footsteps of the island's past as they meander along a handicapped-accessible path lined with buildings that represent "old Sanibel," as Sam Bailey used to say. Visitors can tour a pioneer home, fishing cottage, Post Office, schoolhouse, tea room, general store and other historical sites.

Learn more at the Sanibel Historical Museum and Village, open Tuesdays through Saturdays from 10 a.m. to 1 p.m. A full guided tour takes place at 10:30 a.m. at no additional charge, depending on the availability of a docent. The museum closes for the summer on August 1 and reopens October 16. The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to eight of the nine buildings. Aside from Free Admission Day, admission is \$10 for adults (18 and over). Members and children are free.

For more information, call 472-4648 during museum hours or visit www. sanibelmuseum.org.\*

# Human Seashell World Record Title Attempt

ommunity members are being asked to register to be part of the Lee County Visitor & Convention Bureau (VCB) attempt to break the Guinness World Records title for the largest human image of a seashell at The Outrigger Beach Resort on Fort Myers Beach on National Seashell Day, Thursday, June 21. Arrival time is 6:30 to 8:30 a.m. for check-in under the Tiki Hut at the Outrigger for the rain-or-shine adventure.

The Guinness World Records title for the largest human image of a seashell is currently held by Shell and Turcas Petrol A and was achieved in October 2017 with 855 participants. This was the result of a team-building event with owners of Shell gas stations all over Turkey.

The VCB's goal is to take the Guinness World Records title with more than 1,000 people on the beach to fill in the form of a seashell. A Guinness World Records adjudicator will be on site to verify the attempt.

In the spirit of community, participants

are encouraged to bring canned food or a nonperishable item on the day of the event to benefit the United Way of Lee, Hendry, Glades and Okeechobee counties support of area food banks.

Commemorative 2018 National Seashell Day T-shirts and hats will be provided for participants, as well as complimentary water, fresh fruit, snacks, entertainment and tent seating for shade. Bring refillable water bottles. To be more environmentally friendly, water stations will be available rather than handing out bottled water.

Parking will not be available on-site at the Outrigger Beach Resort. No pets are allowed.

Participants are encouraged to use the free Park & Ride on LeeTran's Beach Trolleys (Route 400) to and from the event. Trolleys will run every 10 to 15 minutes from Fort Myers Beach Park & Ride, 11101 Summerlin Square Road (first trolley arrives at 6:10 a.m.), and from Lovers Key State Park, 8700 Estero Boulevard, east side (first trolley arrives at 6:50 a.m.).

The Outrigger Beach Resort is located at 6200 Estero Boulevard on Fort Myers Beach. To register and for more information, visit visit www.leevcb.com/events/2018-national-seashell-day.

#### Patriotic Performance



The Calendar Girls in patriotic wardrobe

photo provided

It was the day after Memorial Day, and the Calendar Girls donned their patriotic finest to perform for the residents of Lamplight of Fort Myers.

■ Sponsoring 22 guide dogs for veterans since 2006, the Calendar Girls would love to add a little red, white and blue at your next event. To learn more, visit www.calendargirlsflorida.com.



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Show Biz Kids

# SummerJazz **Concert Series** Begins June 23

he Naples Beach Hotel & Golf Club will kick off its 33rd annual SummerJazz on the Gulf concert series with a free concert by Show Biz Kids, a 12-piece Steely Dan tribute band, on Saturday, June 23 from 6:30 to 9:30 p.m. Conducted one Saturday evening per month from June through September, the free concert series combines a diverse selection of Jazz enphoto provided

tertainers with picturesque Gulf views, beautiful sunsets, refreshing breezes and a relaxing atmosphere.

Each concert will be held from 6:30 to 9:30 p.m. on the resort's scenic Watkins Lawn overlooking the Gulf of Mexico. Hotel guests will receive complimentary parking at the resort. For those not staying at the resort, parking is available just north of the hotel at Lowdermilk Park, with complimentary parking for those with a Naples beach sticker and free trolley service to the resort and back. Guests may bring lawn chairs or blankets for seating, however no outside food and beverage is

allowed.

The Naples Beach Hotel & Golf Club is located at 851 Gulf Shore Boulevard North in Naples. For more information, call 800-237-7600 or 261-2222 or visit www.naplesneachhotel.com ☼

# Church To Host Six Wags Over Fort Myers

he 2nd annual Six Wags Over Fort Myers Pet Carnival will take place at Iona-Hope Episcopal Church on Saturday, October 27 from 10 a.m. to 2 p.m.

The free celebration for pets and their humans will feature doggie and people café; pet photos and keepsakes; silent auction; spa experience including chair massage for humans and pampering for pups; pet rescue adoptions; petting zoo; gift shop; homemade pet treat sale; and more. Most activities will be indoors so the show can go on rain

All proceeds from activities benefit All God's Creatures (Iona-Hope's Animal Ministry group).

Iona-Hope Épiscopal Church is located at 9650 Gladiolus Drive in Fort Myers. For more information, email Nancy Buchanan at www.allgodscreaturesionahope@gmail.com or visit www. facebook.com/ihanimalministry, www. ionahope.org or www.sixwagsoverfortmyers.eventbrite.com.\\$

# **Animal Services** Foster-To-Adopt Program

ave you been interested in adopting a dog but aren't sure of what ■breed will fit into your lifestyle? Maybe you are not sure that a dog of a particular size, age or energy level is right for your home and family. Lee County Domestic Animal Services' Foster-to-Adopt Program gives you the opportunity to see if a dog is the perfect fit before committing to adoption.

Select dogs will be eligible for the program. To complete an application, visit the adoption center Monday through Saturday from 10:30 a.m. to 3:30 p.m. Once the application is approved, drop by the adoption floor to meet your potential new family member. The reduced adoption fee is just

What happens if it isn't the perfect fit? That's OK. You can provide staff with valuable information on how the dog was in your home to better pair him or her up successfully in their next home, and you will be given the option to select another dog that may be a bet-

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Visit www.leelostpets.com to view pets available for adoption. For more information, email kfordiani@leegov.com.☆

#### Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900. **ALL SAINTS BYZANTINE** 

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991

RITE CATHOLIC

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS Friday Shabbat at 7 p.m. 2050 Periwinkle Way. www.batyam.org 579-0296. **BETH SHILOH MESSIANIC SYNAGOGUE** 

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171. **BIBLEŠHARE** 

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimple worship.com, 437-8835.

**BREAD OF LIFE MINISTRIES** Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

**CHABAD LUBAVITCH ORTHODOX** Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.
CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalthouse@aol.com, 850-3943.

**CHURCH OF THE CROSS** Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188. CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

**COVENANT PRESBYTERIAN** Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937

**CYPRESS LAKE BAPTIST** Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233

CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH Sunday 10:30 a.m.,Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe

Boulevard, 278-3638. FAITH UNITED METHODIST Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030. FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511 FIRST UNITED METHODIST CHURCH Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152. FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-

IONA-HOPE EPISCOPAL CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30

a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778 JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143. KINGDOM LIFE Sunday 10:30 a.m. 2154 McGregor

Boulevard, 218-8343.

#### LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambofgodchurch.net, 267-3525.

**NEW BEGINNINGS CENTER** 

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

**NEW COVENANT EYES** 

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519. **NEW HOPE BAPTIST** 

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

**NEW HOPE PRESBYTERIAN** Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY Sunday 10:30 a.m. www. 17671 Pine Ridge Road, peacecommunitychurch.com, 267-

**PEACE LUTHERAN** 

Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@ peaceftmyers.com. 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. MeditationInFortMyers. org, 567-9739.

SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 lona Road, 489-3973. ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161

SAINT JOHN THE APOSTLE

#### **METROPOLITAN**

Sunday 10 a.m. 3049 McGregor Boulevard,

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m.

3595 Broadway, 939-1218. SAINT NICHOLAS MONASTERY Sunday 9:30 a.m. 111 Evergreen Road,

saintnicholasmonastery.org, 997-2847. ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m.16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE) Friday 6:30 p.m. and Saturday 9 a.m. tjswfl. org.14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm. org, 561-2700.

**UNITY OF FORT MYERS** 

Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN

**CHURCH** 

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

**ZION LUTHERAN** 

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040. 公

#### **CROW Case Of The Week:**

# Nine-Banded **Armadillos**

by Bob Petcher

Tine-banded armadillos (Dasypus novemcinctus) are the most widespread of the armadillo family, expanding through North, Central and South America. While only 20

species of the armadillo exist, the nine-banded species is said to be the only one found in the United States.

Ármadillos are named for their body armor, though its underparts are soft. In fact, armadillo is Spanish for "little armored one." The nine-banded armadillo, while only averaging 2.5 feet long, sports seven to 11 bands on its armor.

The front feet of the nine-banded armadillo possess thick sharp claws for digging and burrowing. While it is covered in armor, it still has a little fur on its body.

The placental mammals are warm temperature animals that can be found in southern regions like Texas, Oklahoma, Louisiana, Georgia and Florida, but some have actually migrated to northern states in the recent past.

At CROW, three infant nine-banded armadillos were admitted to the hospital from Fort Myers. The intake report states the armadillos were found wandering around a playground with no sign of a parent.

Interestingly, nine-banded armadillos are said to always give birth to four identical quadruplets.

The three male patients are believed to be siblings.

"The fourth sibling was never found," said Dr. Robin Bast, CROW veterinary intern. "Nine-banded armadillos always have quadruplets – a litter of four identical babies of the same gender – that develop from the same egg.

During their intake exam, veterinarians noted the nine-banded armadillo babies to be cold and thin. All three patients had ticks on them, and one had minor abrasions. The ticks were removed, and the little armadillos were warmed using rice socks.

"The babies were thin and dehydrated, and were cold on admission. The ticks were manually removed and antibiotics were given," Dr. Bast explained. "One of the ways we provide supplemental heat is by using rice socks; a sock containing dry, uncooked rice can be placed in the microwave briefly, wrapped in a towel and placed near the baby."

The armadillo brothers were deemed lost and will remain at the clinic until they can forage on their own. In the wild, nine-banded armadillos generally live off their mother's milk for roughly



Patients #18-2048, #18-2049 and #18-2050 will be released when they are able to fend for themselves in the wild photo by Breanna Frankel

Since they could not be reunited with their mother, the babies are being raised in the hospital until they are old enough to fend for themselves in the wild," said Dr. Bast. "The babies will be released at approximately four months of age, in an ideal habitat where they have access to appropriate food sources and places to burrow.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆



#### June Snook Fest



Matt Mitchell

razy action both on the beaches and in the passes continued this week with some of the most nonstop snook fishing of the year. Looking for a meal, anglers

also caught lots of trout along with a few of the largest mangrove snapper we have seen so far this summer.

When fishing the passes, it's all about the tide. Moving water in all of our passes means catch-and-release snook along with all kinds of other species. Snook have now gathered in huge numbers in the passes for the annual spawn. When you find that right eddy where these fish are sitting just out of the fast-moving current, it's not unusual to catch a fish on almost every cast. Look for tide rips and current lines close to structure to enjoy this awesome action. Though most of these fish are the smaller males, there are some giant females too.

When fishing the beaches, it's all about the wind with either an easterly wind direction or light winds making for calm and clear conditions and the best setup for fishing. Walking the beaches this month, you will have great sight fishing opportunities with snook cruising often right at your feet in the first trough between the sandbars.

Along with these snook on the beach, expect to catch some large trout mixed in with them too.

This past few weeks, I have seen so many tarpon both out by the beaches and in the sound than I have seen the past few months. Any of the usual places from Cabbage Key south have all held just huge numbers of rolling happy tarpon. The frustration level though for anglers chasing the silver king has been very high most days with very few hooking a fish. One day early this week after I sat in rolling tarpon throwing a variety of baits without a single bite, I moved to a favorite trench in the northern sound. The very first cast on a crab, we jumped a tarpon then, within 20 minutes, jumped another. As quick as both of these bites happened, the tarpon threw the hook. It seemed no matter what type of bait you cast to these fish somedays, they just will not

The largest snook of the week on my boat came while fishing with George and Lucas visiting from Ohio. At the very first stop of the day's trip, George caught a 40-inch monster up against the mangroves. This big snook ran all over before coming to the boat for a quick picture before being safely released. This was George's personal best snook and weighed close to 20

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.



George Pettegrew from Ohio with a 40-inch snook caught while fishing with Capt. Matt Mitchell this week

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tiny - only about a fourth of an inch long – upon close inspection, they are quite lovely and elaborate in structure. Each has a standard, or upper, petal, two lateral wing petals and two lower

The seedpod has three to nine one-seeded segments that, on the stem, are joined in a line, a characteristic referred to in the scientific name, Desdemodium, which is Greek for

One side of the chain is straight and the other "scalloped" like the edge of

This plant is difficult to eradicate. A deep taproot makes it drought tolerant, and it will grow in any soil. In addition, it easily spreads, not only by traveling seeds but through an extensive

Each kidney-shaped segment is only a quarter-inch long and an eighth of an

keel (fused) petals.

chain or bond.

an old photo.

inch wide.



Creeping beggarweed is a non-native wildflower with trifoliate leaves and pinkish purple flowers photos by Gerri Reaves

Plant Smart

# Creeping Beggarweed

by Gerri Reaves

id you ever walk through a patch of weeds only to end up with tiny peas" clinging to your clothing, socks, or shoes? Or maybe you've had to remove these "hitchhikers" from your pet's fur.

Those sticky seeds are most likely from a species of beggarweed, very possibly creeping beggarweed

(Desmodium incanum), a non-native wildflower and member of the pea

A native of Central and South America, it grows throughout Florida, as well as in other southern states and the Caribbean. Other common names include Spanish-clover, creeping ticktrefoil, zarzabacoa comun and hitchhikers.

It pops up in vacant lots, disturbed sites, pinelands - anywhere weedy wildflowers usually thrive - spreading by horizontal stems that produce new plants at the nodes. Those hitchhiking seeds effectively aid its spread.



Tiny segmented pods cling to clothing and

It is typically low-growing, even prostrate, but can grow erectly up to three feet.

Tiny barbed hairs cover the entire plant, giving it a "Velcro effect."

The leaves are alternate and trifoliate, with each leaflet measuring between less than an inch and four inches long. The terminal leaflet is longer than the other two.

Leaflets are generally oval with smooth edges and a distinctive silvery white streak along the center vein. Terminal pinkish purple flowers

bloom throughout the year. Although

However, this weedy wildflower has positive attributes too. It has medicinal properties, the seeds and leaves are food sources for wildlife and livestock,

and the flowers are a nectar source for several butterflies.

horizontal root system.

Sources: Everglades Wildflowers by Roger L. Hammer, Florida Wild Flowers and Roadside Plants by C. Ritchie Bell and Bryan J. Taylor, The Guide to Florida Wildflowers by Walter Kingsley Taylor, www.floridagardener. com, www.plantbook.org, and www. unf.edu.

Plant Smart explores the diverse flora of South Florida.☆

# Python Removal Efforts To Be Expanded

verglades National Park and the ◆ Florida Fish and Wildlife Conservation Commission (FWC) are partnering together to expand efforts to remove Burmese pythons from within the park. The partnership will expand the park's Python Removal Authorized Agent Program by allowing paid FWC contractors to remove pythons in Everglades National Park. The expansion will triple the maximum allowed number of participants in the park from 40 to 120, allow FWC contractors to use firearms or other humane methods to euthanize pythons in the wild and qualify additional trained NPS personnel to live capture and turn in pythons. The purpose of this controlled invasive species management program remains to remove invasive pythons and other invasive species from the wild and advance research in methods to control

Park officials are working closely with the FWC on the terms of the agreement that would allow FWC contractors to engage in python removals in the park, potentially as early as July 2018

We are excited to partner with FWC on invasive species management and are certain this partnership will increase python removals within our park," said Everglades National Park Superintendent Pedro Ramos. "We worked hard in

planning this expansion to ensure it won't harm the park and its exceptional resources.

To that end, park officials and the FWC will hold a required Everglades National Park orientation for the contractors so they fully understand the park's program and rules they must follow prior to beginning removals within the park.

"We appreciate the support and efforts of our partners, especially Everglades National Park and Superintendent Ramos. With the leadership and support of Gov. Scott and our commissioners, we have seen a significant increase in efforts and results to remove the Burmese pythons and other invasive species," said FWC Executive Director Eric Sutton. "Our success moving forward relies on everyone pulling together collectively including agencies, nonprofits, private landowners and individual citizens.

Burmese pythons pose a significant threat to the Everglades ecosystem. Along with state, federal, tribal and local partners, Everglades National Park and the FWC have invested millions of dollars and countless hours in developing and testing ways to remove pythons from the Everglades. While this research has improved knowledge of the python population, eliminating pythons using current technology is impossible. Search and removal by trained individuals remains the best method to remove pythons. The park used volunteers for removal in the past, and while it will continue to do so, the addition of FWC contractors will allow greater numbers of skilled people to engage in removals than ever before.

"While hunting remains prohibited by law in Everglades National Park," said Ramos, "we believe the expansion of the program to include allowing FWC contractors to remove pythons in the park will be welcomed by concerned citizens that want to play a role in helping with this significant problem.'

The FWC designed the Python Removal Contractor Program to further engage qualified individuals with python management efforts. Python removal contractors are paid for their efforts to survey for and, when possible, capture Burmese pythons in specific areas which will soon include Everglades National Park. They may also respond to survey requests in areas where pythons have been reported.

Burmese pythons became established

in Florida as a result of escaped or released pets. People should never release nonnative pets in the wild in Florida. It is illegal and can negatively impact native wildlife and habitat. The FWC has an Exotic Pet Amnesty Program that allows nonnative pets to be surrendered without penalty.

For more information about the FWC's Python Removal Contractor Program or Exotic Pet Amnesty Program, visit www. myfwc.com/python. For more information about invasive Burmese pythons in Everglades National Park, visit www. nps.gov/ever/learn/nature/burmesepython.htm. For more information about python management in the park, visit www.nps.gov/ever/learn/nature/ npspythonmanagement.htm.



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# Action Plan Sought To Stop Lake O Releases

by Jeff Lysiak

It is likely going to take a monumental effort like never before, but for residents, businesses and visitors of Southwest Florida, the time is now to take action and call for local, state and federal representatives to push for better management of the freshwater discharges coming out of Lake Okeechobee and into the Caloosahatchee watershed.

At last week's Sanibel City Council meeting, Mayor Kevin Ruane called for both the South Florida Water Management District (SFWMD) and U.S. Army Corps of Engineers to redirect water south, rather than west, in order to combat the brown water plumes that have appeared throughout the local estuary over the past few weeks.

"We need to stop the flows," said Ruane, who speculated that the excessive discharges coming out of Lake Okeechobee will be "disastrous" for the local estuary within the next six months. "Right now, we can't take any more water.'

According to Ruane, earlier this year, scientists had requested that SFWMD officials release water out of Lake Okeechobee in order to decrease salinity levels. But for nearly three months, when the lake was measured at average depths, freshwater flows were discharged well below the recommended minimum releases.

While district and corps officials reiterated the need to store water in the lake during dry season in order to supply agricultural areas located south of the lake, experts suggest that the now harmful flows into the Caloosahatchee could have been

Based on Sanibel-Captiva Conservation Foundation (SCCF) monitoring data, west coast stakeholders requested between 800 and 1,000 cfs (cubic feet per second) in order to keep salinities below the 10 psu (practical salinity units) harm threshold. The SFWMD system status reports indicated that "the Caloosaĥatchee estuary would not benefit from additional water," which was not factual at the time of the reports.

In his report to members of the Sanibel City Council, Natural Resources Department Director James Evans explained that as a result of Tropical Storm Alberto, the water level at Lake Okeechobee increased by approximately one foot during the previous two weeks. On June 4, the lake was measured at 14.23 feet.

"Because lake levels are within one foot of the intermediate sub-band of the Lake Okeechobee Regulation Schedule (LORS), the Lake Regulation Schedule calls for up to 4,000 cfs at the S-77 and up to 1,800 at S-80," Evans reported. Coupled with runoff from the



Photograph taken by SanCap Aerial on June 3 showing the impaired water conditions at Lighthouse Beach photo courtesy City of Sanibel

Caloosahatchee watershed, an average of 8,260 cfs is being discharged.

According to Evans, the Caloosahatchee went 89 days – beginning at the end of February where flows to the estuary were inadequate to maintain salinity below the salinity harm threshold in Fort Myers. "Although the estuary received flows equal to or greater than 650 cfs for the entire dry season, salinities still remained above the harm threshold," Evans said.

West coast stakeholders and scientists familiar with Lake Okeechobee releases had requested higher releases to get water out of the lake to benefit the ecology of both the lake and the Caloosahatchee since January. However, water was kept in the lake for the assurance of water supply. "This situation was at least partially preventable," noted Evans.

In his recommended changes to managing flows out of Lake Okeechobee, Evans stressed the need to better understand where the flows within the watershed are coming from. "We need flow monitoring stations deployed within the Caloosahatchee watershed tributaries to determine where the water is coming from and what projects are needed to curtail it," he added.

Additionally, Evans recommended: Discontinuing freshwater releases

from Lake Okeechobee until flows at the Franklin Lock (S-79) drop below 3,000 cfs;

Updating the Lake Okeechobee Regulation Schedule (LORS) and Adaptive Protocols;

Identifying other places to send water besides to the west and east coast

"If the SFWMD chooses to reserve water for water supply south of the lake, the estuaries should not be penalized by having to take all of the water that was reserved when it is no longer needed," he said.

While every member of the Sanibel City Council has pledged their support to call for better water management practices, Ruane stressed the need to install water monitoring stations at key locations throughout the discharge region.

This is a disaster as we are heading into rainy season. We need to be as loud and vigilant as we can," said Ruane, who plans to speak with federal legislators next month in Washington, DC. "It's gonna be a war."

In his June 7 letter to Ernie Marks, SFWMD executive director, Ruane expressed the need for immediate relief from the freshwater releases.

The discharges from Lake Okeechobee, combined with the large amount of stormwater runoff from the Caloosahatchee watershed, are resulting

in low salinities through the estuary and San Carlos Bay that are not suitable for estuarine and marine organisms. The discharges are also producing a dark-colored freshwater plume that is extending out into the Gulf of Mexico and along Sanibel's beaches. This is already impacting tourism, the quality of life for our residents, and the local economy," he wrote.

The letter also points out the inequities of the LORS and Adaptive Protocols, offering factual evidence of damage done by the most recent discharges and the resulting plumes that have plagued the local watershed for

"In the past, the city has been very supportive of dispersed water management as a short-term solution to addressing the high-volume discharges to the estuaries," Ruane continued. "However, to date we have not seen measurable benefits of the dispersed water management program to the Caloosahatchee.'

Currently, the City of Sanibel is compiling information to create an action plan to call for stopping or slowing freshwater releases from Lake Okeechobee into the Caloosahatchee watershed. Meanwhile, members of the public are encouraged to submit their support for this effort by contacting the following officials:

SFWMD Governing Board Executive Director Ernie Marks - emarks@sfwmd.

U.S. Army Corps of Engineers Col. Jason A. Kirk – jason.a.kirk@usace. army.mil

U.S. Army Corps of Engineers Lt. Col. Jennifer A. Reynolds jennifer.a.reynolds@usace.army.mil

Florida Department of Environmental Protection Secretary Noah Valenstein – noah.valenstein@ dep.state.fl.us.☼

From page 8

# Along The River

The Alliance for the Arts Member Gallery Book Club will discuss The Lady and the Unicorn, a book by Tracy Chevalier, at the Alliance on Tuesday, June 19 from 6:30 to 8:30 p.m. The book's theme centers in Paris in 1490. It is Chevalier's answer to the mystery behind one of the art world's great masterpieces -- a set of bewitching medieval tapestries that hangs today in the Cluny Museum in Paris. They appear to portray the seduction of a unicorn, but the story behind their making is unknown... until

The Member Gallery Book Club meets on the third Tuesday of every month. Club members must purchase their own copy of each book, but an active Alliance membership is all that's required. Participants explore literature – both fiction and non-fiction - revolving around art, artists, art history and art appreciation.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. To become a member, visit www.artinlee.org/join.☆

#### What Causes Red Tide?

Red tide is a higher than normal concentration of a microscopic alga (plantlike organisms). In Florida and the Gulf of Mexico, the species that causes most red tides is Karenia brevis. At high concentrations, the organisms may discolor the water, resulting in water appearing to be discolored (i.e. brown, red, light or dark green).

A red tide bloom develops when biology (organisms), chemistry (natural or manmade nutrients for growth) and physics (concentrating and transport mechanisms) interact to produce the algal bloom. No one factor causes the development of a red tide bloom.

Red tide blooms can last days, weeks or months, and can also change daily due to wind conditions. Onshore winds and water movements normally bring it near the shore and offshore winds drive it out to sea.

Source: Florida Department of Health



Jennifer Reverendo

photo provided

# LeeSar/CSF Announces New Vice President

eeSar and Cooperative Services of Florida, Inc. (CSF) recently named ■Jennifer Reverendo as vice president of CSF. Reverendo will be responsible for overseeing the operations, performance and growth of the group purchasing organization (GPO). Her immediate focus is developing a clinically integrated physician engagement model that will support LeeSar/CSF members' evolution into a value-based market.

'As CSF transforms to being a more clinically integrated regional GPO, having experienced leadership who can connect with physicians is so important. Jennifer has that experience," said Bob Boswell, president & CEO of LeeSar/CSF. "I am confident that with Jennifer on board, we will make the changes necessary to deliver greater value to our members.

Reverendo brings more than 20 years of supply chain experience in the manufacturing and healthcare sectors. She has robust knowledge in the areas of sourcing, financial and operational analytics, and business systems support. Reverendo also has extensive expertise in the areas of physician engagement and clinical value analysis.

Since 2008, Reverendo has served as the system director of clinical value analysis for Ohio Health, where she developed a clinically integrated program that leveraged collaboration from physicians, service line leaders, clinical advisors and sourcing experts to drive significant standardization and expense reduction. She has a proven track record of facilitating an environment of trust and shared accountability with associates and customers to achieve financial and quality improvement targets.

Since 1999 and for the majority of her career, Reverendo has worked for OhioHealth in Columbus, Ohio. Prior to rejoining OhioHealth in 2008 to lead the clinical value analysis program, Reverendo worked for Cardinal Health as a senior manager of business systems for PreSource in Dublin, Ohio.

Reverendo has been engaged with healthcare organizations including AHRMM, AHVAP and Vizient's Value Analysis Network, where she served as committee chairperson for the 2015/2016 term. She is a past OhioHealth Prism Award multi-year nominee for physician engagement, has been featured on Vizient's legacy-named VHA TV in 2013 and was a co-developer of Vizient's first supply chain BluePrint for targeting savings while honoring physician choice.

Reverendo has a bachelor of science from The Ohio State University and MBA-HCM from the University of Phoenix.☆

customers are encouraged to schedule appointments by calling 533-5000.

The free attorney consultations will be offered for a three-month trial period. The Legal Aid Society attorneys cannot represent the customer in court.

The Clerk's Self-Help Center is located on the first floor of the Justice Center's east entrance at 1700 Monroe Street in 

#### From page 1

#### **Concert Series**

the fly that leaves anyone watching in awe. A Southwest Florida native, Brook has a laid-back style with an energetic and inviting vibe. Behind the scenes, she has had the pleasure of collaborating with hit writers such as JT Harding, Andy Albert and many others. She released an EP titled The First Time.

Tickets are \$5. FSW and FGCU students can buy one ticket and get one free by presenting their student ID at the box office.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information or tickets, visit www.sbdac. com or call 333-1933.☆



The Mini Reef system

# Fish Habitat, Water Cleaning System Installed

ne local couple is doing their part to make Lee County's water a whole lot cleaner. Ocean Habitat Inc. recently installed its first Mini Reef system in Fort Myers at the home of James and Pam Nolte in the Whiskey Creek neighborhood off McGregor Boulevard. This system will clean more than 30,000 gallons of water in the Caloosahatchee River every day and

photo provided

provide a safe habitat for over 300 fish and 200 crabs to mature each year.

"It's an easy decision for me to do something so simple that makes a big impact on the health and wellbeing of our community. More things like this need to be taking place in Fort Myers," said James Nolte, a longtime Fort Myers resident and founder of Nolte Wealth Management Group. "I want my grandchildren and their children to be able to enjoy the natural beauty of Southwest Florida for many, many

The Mini Reef was invented by Ocean continued on page 16



Free Legal Assistance At Self-Help Center

ee County Clerk of Court Linda Doggett has partnered with the Legal Aid Society to provide free attorney consultations, effective June 5, at the Clerk's Self-Help Center. Attorneys will be available to answer legal questions on Tuesdays from 1 to 4:30 p.m.

'Many of our citizens are in dire need of legal assistance, and this new service will provide them with the guidance they need to find justice," Doggett said. "We're grateful that the Legal Aid Society has stepped up to provide this pro bono service for our community.

Customers will be able to get answers for a variety of civil and family legal matters, including divorce, child support and alimony. Attorneys will also be able to assist with domestic violence injunctions, name changes, small claims, foreclosures and evictions. Legal consultations will not be provided for criminal, juvenile, guardianship or mental health cases.

Each consultation is limited to 15 minutes. While walk-ins are available,



Tearful bidders raise their paddles to support the 2017 Southwest Florida Wine & Food Fest Fund-A-Cause, benefiting mental and behavioral health care photo provided

# Marketing Firm Earns Telly Award For Production

Priority Marketing was recently honored for excellence in video production earning a Telly Award in the category of Non-Broadcast – Fund Raising. To increase awareness about the need for pediatric mental and behavioral health care and to reach SWFL Children's Charities' monetary goal to support the initiative, Priority Marketing produced a

captivating video that aired before 350 guests during the 2017 Southwest Florida Wine & Food Fest.

The award-winning video was played during the fund-a-need portion of the live auction and featured alarming statistics on the numbers of youth diagnosed with mental illnesses and the heart-wrenching testimony of a local mother who lost her teenage son to suicide. Deeply moved, attendees raised their bid paddles bringing in \$1 million towards funding for a comprehensive pediatric mental health care program in . Southwest Florida.☆

# Chamber To Install Board And Officers June 21



Dan Adams

photos provided

he Greater Fort Myers Chamber of Commerce will install its 2018-19 board of directors and officers during its June General Membership Meeting at the Crowne Plaza Fort Myers on Thursday, June 21 from 11:30 a.m. to 1:15 p.m.

During the event, board members and officers will be appointed for both the Greater Fort Myers Chamber of Commerce and the Greater Fort Myers Chamber of Commerce Foundation, which works to support the Chamber's efforts to enhance education in Southwest Florida.

The chamber will also recognize outgoing board chairs, Dan Adams for



Dean Piccirillo

the chamber and Dean Piccirillo for the foundation, board members and volunteer committee chairpersons for their year of service. Awards will also be presented to name the Volunteer of the Year and Ambassador of the Year.

The June luncheon is sponsored by Wilco Vending. Admission to the luncheon event is \$35 for prepaid chamber members and \$45 for future members and members who pay at the door.

Crowne Plaza Fort Myers is located at 13051 Bell Tower Drive next to the Bell Tower Shops in Fort Myers. To learn more or to register for the event, visit www. fortmyers.org.☆

# Bank Hires Administration **Assistant**

anibel Captiva Community Bank has hired Lynn Delahunty as an administrative assistant at the College Parkway Branch in Fort Myers. She is responsible for tracking insurance, title policies and recorded documents.

Originally from Attica, Ohio, Delahunty moved to Southwest Florida in 2001 and since has held numerous banking positions, including senior loan processor, loan operations specialist and loan closing processor. Founded in 2003, Sanibel Captiva

Community Bank has two locations on Sanibel and five locations in Fort Myers.

To learn more, visit www. 



Lynn Delahunty

photo provided

# Commisioner Candidate To Speak

enise Grimsley, Republican candidate for Florida Agriculture Commissioner, will speak at a forum for the monthly Fort Myers Republican Women's Club luncheon at The Helm Club on Tuesday, June 19. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program. Other Republican candidates

have been invited to participate.

Grimsley will provide information about her qualifications for the position and answer questions from the audience. The public is invited to attend the luncheon. Cost is \$20. Reservations are required by Thursday, June 14. Attendees may write their checks to the Republican candidate of their choice, and the club will pay for the

The Helm Club is located at The Landings at 4425 South Landings Drive in South Fort Myers. For more information and reservations, contact Tina Laurie at 489-4701.⇔

From page 15

#### Fish Habitat

Habitat Inc. founder and former North Fort Myers resident David Wolff during his time as a University of South Florida student. After more than 100 prototypes, the Mini Reef system was finalized and placed in Marco Island waters. The city hired Ocean Habitat to install 25 reef systems in a canal to re-establish dwindling fish nurseries. They quickly became popular with island residents, who purchased more than 175 additional systems to use on their property.

The original intent was to place these systems under docks in canals to provide habitats for fish in otherwise barren underwater landscapes, such as Marco Island and Cape Coral. New opportunities for the system have developed and large aquaculture reefs have been installed in the Florida Keys to aid in the growth and

replenishment of common restaurant seafood.

You can't walk out and pick seafood right off the reef, but what these aguacultures do is provide a safe environment for juvenile seafood to mature before they migrate out to flat bottom where they can be harvested by commercial fisherman," Wolff explained. "In the canals, residents are seeing all of those quality species that they have never seen before or haven't seen in a long time. We see everything from stone crab, grouper and snapper to snook and

Mini Reef systems are available for \$250, or \$450 for the Mini Reef Plus, the larger version of the system. If you would like to bring your dock to life, contact Ocean Habitats through its website www.oceanhabitatsinc.com, or call David Wolff at 218-841-5932 to schedule your installation.☆

# Ward 6 Meeting

ort Myers City Councilwoman Gaile Anthony will hold a Ward 6 community meeting at Fort Myers Fire Station No. 5 on Wednesday, June 20 from 4 to 6 p.m. All are welcome to attend.

Councilwoman Anthony encourages citizens to bring concerns and comments to the community meetings. There will be a discussion regarding

Live Oak tree planting in Ward 6 developments. Guests include Steven H. Brown, University of Florida Horticulture program leader and Steve Belden, City of Fort Myers community development director.

Fort Myers Fire Station No. 5 is located at 9700 Treeline Avenue. For more information, contact Councilwoman Anthony at ganthony@ cityftmyers.com, 321-7006 or 980-



photo provided

# **Eminent Domain** Committee Retains Attorney

'ncoming Florida Bar President Michelle Suskauer has appointed Carlos Kelly of the law firm of Henderson, Franklin, Starnes & Holt, PA to continue serving on The Florida Bar's Eminent Domain Committee.

Kelly is a passionate advocate for his clients and helps them protect

their business and real estate interests. He advises his real estate clients in the areas of eminent domain; inverse condemnation; Bert J. Harris, Jr., Private Property Rights Protection Act claims; purchase and sale disputes; real estate broker/agent defense; landlord/ tenant claims; and foreclosures. In addition to real estate matters, Kelly handles other disputes, including fraud and contract lawsuits, shareholder disputes and claims between business partners.

Kelly is a frequent blogger on these topics on Henderson Franklin's The Legal Scoop on Southwest Florida Real Estate blog. He also has been published by The Florida Bar and is one of three co-editors for the Eminent Domain Committee's newsletter.

Kelly is a member of the Association of Eminent Domain Professionals (AEDP), an organization of professionals specializing in the field of eminent domain. He also serves on the board of directors for the Uncommon Friends Foundation, the board of directors of the IMAG History & Science Center, and also serves on SalusCare, Inc.'s Finance Committee.

Kelly received his undergraduate degree from Florida State University, magna cum laude, in 1993 and his law degree from Emory University in 1997.

For more information on Kelly or Henderson Franklin, visit www.henlaw.

# Policy Specialist To Serve As Coalition Co-chair

arisa Carrozzo, a senior environmental policy specialist at the Conservancy of Southwest Florida, has been named the new co-chair for the Everglades Coalition.

The Everglades Coalition is an alliance of over 60 local, state and national environmental organizations focused on restoring the Greater Everglades Ecosystem, an area that stretches from Central Florida through the Florida Keys. The coalition's primary areas of focus include advocating for protection of the Everglades, supporting research initiatives and coordinating education efforts among coalition members and the public.

Carrozzo has worked at the Conservancy since 2011 and is responsible for developing and implementing policy initiatives for water resources and environmental issues impacting the western Everglades. Shortly after graduating from Miami University in Ohio, Carrozzo held a position as a conservation associate in the Conservancy's policy department. Carrozzo has over seven years of experience in natural resource policy at the local, state and federal level

"Being selected to serve as the Everglades Coalition co-chair is a tremendous honor," said Rob Moher,



Marisa Carrozzo

photo provided

Conservancy president and CEO. "Marisa is incredibly knowledgeable about environmental policy and shares the Conservancy's deep commitment to Everglades restoration.

Carrozzo will serve a two-year term as co-chair. Some of her duties include oversight and coordination of coalition activities and events, setting meeting agendas and budgets, representing the coalition at public events and meetings, securing sponsorships and facilitating



# Money Lessons Can Be Priceless Gifts To Children



by Jennifer Basey

ather's Day is almost upon us. If you're a dad, you certainly may enjoy getting cards and gifts, of course. But, over time, you will gain even greater satisfaction by what you can give your children – such

as some valuable financial lessons.

These lessons can include the following: Setting goals – If you are contributing to an IRA and a 401(k) or similar employer-sponsored plan, explain how you build these accounts now, while you are working, so you'll have enough money to enjoy a comfortable retirement someday. And you can bring your children into the picture, too, by telling them that another financial goal is saving enough to help send them to college or to further their education in other ways.

Value of understanding the financial markets – You may actually be quite surprised at how interested your kids are in investing, especially the concept of "owning" companies through stocks and stock-based vehicles. Depending on their ages, you might even want to show them the progress of your own investments and describe, in general terms, how different events can cause the markets to rise and fall, especially in the short term. You could even discuss the difference between the basic types of investments, such as stocks and bonds.

Putting time on your side – You might want to emphasize the importance of patience, and how investing is not a "get-rich-quick" scheme, but a process that requires decades of diligence and persistence. Let your children know that it's of great value to start investing as early as possible, so you can put time on your side, giving investments a chance to grow.

Living within your means – We all know that you can't always get what you want. Stress to your children that you can't just splurge on big purchases whenever you feel like it, because such behavior can lead to bad outcomes. Use concrete examples: If you have a car that's several years old, tell your children that it would be nice to have a new one, but you simply must wait until you can afford it.

Paying debts on time – Tell your children that, no matter how good a saver you are, or how thrifty you try to be, you still have debts, such as your mortgage payment, and it's important to pay these debts on time. You may not want to get too detailed about the consequences of missing debt payments – bad credit scores may not be that easy for children to understand – but you can certainly mention that if you're always late on payments, you might find it harder to borrow money when you really need it.

By sharing these principles with your children, you will, at the least, give them something to think about, and you may well find that you've helped start them on the path to a lifetime of making solid financial moves. And who knows? If they truly master the ideas you've taught them, one day they might give you some really nice Father's Day gifts.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.\*

Date Revealed For Community Business Award

The 24th annual Southwest Florida Blue Chip Community Business Award ceremony will take place at the Hyatt Regency Coconut Point Resort and Spa on Thursday, November 1. Registration for the event is free and is available online at www.2018swflbluechipc ommunityawards.eventbrite.com/?aff=nr.

Coordinated and sponsored by BB&T-Oswald Trippe and Company and BB&T Bank, the business award program recognizes small business owners who have overcome adversity to achieve success.

Applications for the award are now open to thriving for-profit companies with their principal office located in Charlotte, Collier, or Lee county. Eligible companies must have been in continuous operation for at least three years under the same ownership and have five to 400 payroll employees. Applications are due by September 4, at which time an independent panel of judges will select five finalists to be honored at the November 1 luncheon. Of the five finalists, one business will be announced as the Southwest Florida Blue Chip Community Business Award

recipient at the luncheon ceremony.
Businesses can nominate themselves or be nominated by a third party.
The 2018 Southwest Florida Blue

Chip Community Business Award is endorsed by the Bonita Springs Area Chamber of Commerce, Cape Coral Chamber of Commerce, Charlotte County Chamber of Commerce, Charlotte County Economic Development Office, Christian Chamber of Southwest Florida, City of Cape Coral Economic Development Office, Florida Gulf Coast University, Florida SouthWestern State College, Florida Weekly, Greater Fort Myers Chamber of Commerce, Greater Lehigh Acres Chamber of Commerce, Gulfshore Business, Hodges University, Lee County Economic Development Office/Horizon Council, Sanibel & Captiva Islands Chamber of Commerce, Southwest Florida Business Today, Southwest Florida Hispanic Chamber of Commerce, The Chamber of Southwest Florida, The Greater Fort Myers Beach Area Chamber of Commerce and The Greater Naples Chamber of Commerce.

The Hyatt Regency Coconut Point Resort and Spa is located at 5001 Coconut Road in Bonita Springs. For information about the program or to submit an application, contact Stacey Mercado at 433-7189 or smercado@bbandt.com.

**Superior Interiors** 

# Today's Decorating Trends



by Trinette Nelson

ecorating trends can add life, excitement and fun to our rooms. Here's a look at some hot new decorating trends that you might consider for your next decorating

project.

It's in the details – High style details leave the fashion runways and strut their way to you home. Accent pillows and other soft textiles will sport gorgeous tailored details from belts to glamorous beading.

Safe Haven – Increasingly, people are looking at their homes as a shelter from a stressful world. Instead of going out, we are staying in with family and friends. Now, more than ever, our homes need to be restful and soothing, yet stylish at the same time.

Going Green and Beyond – Being green is taken to the next level as homeowners want to know that the products they purchase are truly green. We are seeking out the process and questioning the production standards. We want products that are green, sustainable and adhere to fair trade standards.

Make It Personal – Decorate your home to suit your personality and style. Only bring in to your home things that you like and do not be swayed by all the trends. Ask yourself if the item inspires you before it stays as a fixture in your home.

Exciting Classics - Traditional

furniture styles are re-invented in a fun, colorful and bold manner. Many period pieces are being re-interpreted in fresh, bold new designs such as Berger chairs painted in silver metallic with a bold graphic fabric.

Let There Be Light – Because residential interiors are incorporating more intense paint colors, more light is needed to properly illuminate a room. Lighting manufacturers are making chandeliers with more arms as well as pendants and wall-mounted fixtures that illuminate these areas with personality.

Wall Dressed – Wall murals and wallcoverings continue to be in high demand. Bold graphic patterns, contemporary designs and murals inspired by nature are hot for contemporary rooms. Grass cloth and textured wallcoverings such as damasks, florals and stripes are hot for both traditional and transitional rooms.

Creatures of Comfort – Furniture that is comfortable and practical, yet still elegant is important. We are interested in creating a personal space that is cozy, inviting and easy to maintain. We want to be able to relax and unwind at the end of a busy day in an environment that makes us feel good.

Exotic Prints and Accessories – Prints with global influence continue to be a popular trend for the contemporary home. Add vibrant toss cushions to your sofas or bed or add woven rugs to your floors.

When incorporating trends into your home decorating, it's best to follow the 10 percent rule: 10 percent of the items in any one room should be trendy to keep the space fresh and 10 percent of your decorating budget should be allocated towards purchasing these fashionable finds.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@ coindecden.com.☆

From page 1

# Campy Fun

highway commission plans to demolish her house to make way for a new bridge through her plantation. She fires a rifle at the demolition crew, daring them to follow through with the eviction notice. Add to that the fact that she has never recovered from the decapitation death of her lover John Mayhew in 1927 and one could say that Charlotte is definitely having problems. She lives as a recluse with her trusty maid Velma (Sue Schaffel).

To seek help, Charlotte calls upon her cousin Miriam (Randall Kenneth Jones) to help her in her fight. Miriam has become wealthy since moving to New York City years ago and she returns with a goal of driving Charlotte into insanity by playing dreadful tricks on her. Miriam wants to take possession of the family home. Velma smells a rat so Miriam fires her and later pushes her down the stairs to her death. These three actors carry most of the show, and they do it so well. The most convincing actor is Jones because playing Miriam gives him a chance to really camp up his performance in so many hysterical and exaggerated ways.

When Miriam first comes on stage, she has brief conversations with members of the audience, pointing out one man and saying, "You were my first."

A scene with Charlotte and Miriam riding in a car is one of the funniest I've ever seen. The little nuances are perfectly placed and leave the audience laughing out loud. Heather Shaw is a great sheriff with a huge padded beer belly. Albert Gayoso is Dr. Drew, who is in on the scheme with Miriam. Steven Coe is Harry Wills, an insurance investigator, and Char Loomis is Jewel Mayhew, Charlotte's next door neighbor and wife of her lover John. Others in the cast are Danica Murray and Kenneth Cosmo Ruisi, playing several smaller roles.

The set is terrific, representing a crumbling Louisiana mansion. All in all, Hush Up Sweet Charlotte is a play I definitely recommend you see. It's directed by Annette Trossbach and is guaranteed to bring you a whole bunch of laughs. The show runs through July 1 at Laboratory Theater of Florida, located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, call 218-0481 or go to www.laboratorytheaterflorida.com.

#### **Book Review**

# Ocean Park



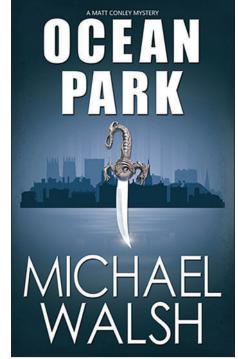
by Di Saggau

lorida author Michael Walsh's book Ocean Park deals with a city where nothing is quite what it seems. All Detective Matt Conley ever wanted was to raise a family in

Ocean Park with his stunning and ambitious wife Lisa. Although they are separated, they still care for one another. Matt lives in a cabin cruiser in the marina, and Lisa lives in a luxury condo at the other end of the marina. Matt's life changes dramatically when a second corpse is found in his church, St. Ambrose. A statue of the Madonna appears to have cried tears of blood. This eventually brings the media and believers to the church in droves.

Meanwhile Matt begins a journey that reveals corruption and decay in his city and deceit in his marriage. As he searches for the murderer of a local businessman, a gang war erupts between the Latin Kings and the Asian Boyz for control of the city's drug trade, and the body count rises. Three characters who play a part in the drug war are Samay, Vithu and Pan. We learn a lot about them. There are some unsavory characters in the story.

With his reluctant new partner, Detective Lloyd Kendricks, Matt



weaves his way through the puzzling connections between street gangs, politicians, bikers and a private kink club called The Palladin. By the end of the book, the names of prominent members of the club are revealed, fittingly ending their careers. Two young women, Channary and Sage, are also important to the plot. There is a surprise in store for readers toward the end of the book involving a young man with a distinctive half moon scar. I found this to be a satisfying surprise. At 236 pages, Ocean Park is a quick read, and one I feel you will enjoy. 禁

electronic communication is allowed at camp, discuss this as well and again make a schedule for these types of communication.

Share your own formative "away from home" experiences with her. Discuss both the positive and the challenging aspects you faced. Talk about how you benefited from both the positive experiences as well as the challenging ones.

Going to a sleep away camp is a milestone activity for your child's development of psycho-social strength, resilience and self-confidence. Make sure to tell her how proud you are of her for stepping out of her comfort

zone and that you will be looking forward to hearing about everything that took place at camp upon her return.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.☆

# Graduates Earn Over \$7M In Scholarships

he Class of 2018 at Florida SouthWestern Collegiate High School - Lee collectively earned over \$7.1M in scholarships. Additionally, more than 70 percent of the graduates had already earned their associate in arts degree from Florida SouthWestern State College (FSW) during commencement on

'We emphasize STEM (science, technology, engineering, mathematics) in an independent learning process for our students," said Dr. Brian Botts,

principal of Florida SouthWestern Collegiate High School – Lee. "Those skills are especially beneficial for their junior and senior years, when they are full-time college students at FSW."

Of the 86 graduates, 62 earned their associate in arts degree from FSW on May 4 before receiving their high school diploma during their commencement at Suncoast Credit Union Arena at FSW on May 5.

Some of the universities and colleges these graduates will be attending include University of Florida, Florida State University, University of Central Florida, University of South Florida, Stetson University, Florida Southern College, Embry-Riddle University, Florida Polytechnic University, Florida Gulf Coast University (FGCU) and FSW.

## School Smart



by Shelley M. Greggs, NCSP

Shelley, My 11-year-old daughter wants to go to sleep away summer camp but she seems hesitant about it as well. I know she would

have fun but I don't want to push her too hard. Any suggestions on how to help her feel more confident about this? Lisa K, Fort Myers

Summer camp builds many skills for future success, including selfreliance, resilience and social skills and adaptability. Being away from home helps kids learn how to separate from parents in a healthy way and cultivate independence. Most children are ready for sleep away camp around the ages of 10 to 12 although it may vary depending on age, experience and temperament. The key to helping your daughter conquer her pre-camp nervousness is to acknowledge her feelings and give her the tools to do quiet her anxiety. Below are some suggestions to help both of you.

Make sure your daughter has a sense of ownership about this experience. Make sure she is involved in the all the preparation and choices that arise so she can formulate expectations. Focus on concrete details like meals in the lodge or cabin rituals instead of abstract issues like what it might feel like to be away from home.

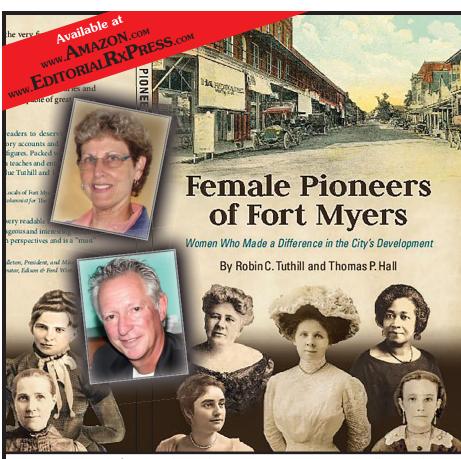
Help her get excited about camp. A shopping trip for her new gear should focus on all the fun activities she can anticipate at camp.

Reframe any questions to her that may focus on what is making her anxious. So instead of saying, "Are you nervous about ....?" Reframe using open-ended questions by saying, "How are you feeling about ...?" This way she can identify and state her level of concern and you can discuss it.

Show empathy and acknowledge her concerns. Don't trivialize them or offer glib reassurances like, "Everyone loves

Have a few rehearsals. A few shorter-term sleepovers with family or friends before camp will help build your child's confidence and independence for her camp experience.

Plan for your home-to-camp communication and make it easy for her. Pack writing paper, stamps and envelopes with a schedule for mailing them and outline how you will respond. If email and or



"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.

Gerri Reaves, PhD, author of Legendary Locals of Fort Myers and Fort Myers, Then & Now

# Unlike The First Time, No Bitter Uproar Expected If LeBron James Leaves Cleveland For The Second Time

by Ed Frank

all it a dynasty or not, but the Golden State Warriors, winners of the National Basketball Championship two years in a row and three of the last four years, already are favorites to repeat next year.

The Westgate Las Vegas SuperBook just this week released the future NBA odds, and Golden State is listed as the 6/5 favorite.

Despite the fact that the Warriors swept Cleveland four games in a row to win the title, there appears to be even more interest in what team uniform LeBron James will don next year.

Should he leave Cleveland for the second time via free agency, there will not be the bitter uproar that occurred when he left the

first time for Miami in 2010.

It's an entire different scenario this year. Returning to Cleveland in 2014, he led the Cavaliers to their first championship in 2016. Even more important, however, James has become a living legend in the Akron-Cleveland community for his generosity to a raft of worthy causes through the LeBron James Family Foundation.

Working to effect an educational change in northeast Ohio, his foundation is the largest donor to Akron Public Schools I-Promise School that will serve some of the most academically at-risk third and fourth graders.

It's just one example of his community involvement. And regardless where he plays

in the future, he has made it clear that he will continue to work for the betterment of his native area.

The Las Vegas SuperBook that has made the Golden State Warriors the odds-on favorite to repeat as NBA champions next season, also speculates James will leave Cleveland, posting 7/2 odds he will sign with the Philadelphia 76ers who are loaded with young talent such as Joel Embiid and Ben Simmons.

Other favorites to sign James, according to the Vegas odds-maker, are the Houston Rockets (7/2) and the Boston Celtics, (7/1).

So we shall see. Regardless of where James plays next year, he will continue to be loved for his tireless efforts both on and off the court in Northeast Ohio.

#### **Everblades Fall Short In Valiant Effort**

The old adage "so near and so far" applies to the Florida Everblades hockey team that fell to the Colorado Eagles, 3-2, in the seventh and deciding game for the Kelly Cup Championship.

After leading the championship series three-games-to-two, Florida lost the final two games, including the 3-2 heartbreaking final seventh game before a sold-out crowd of more than 7,200 hockey fans at German Arena last Saturday.

Tickets for that game sold out in less than an hour and some were selling on the secondary market for more than \$55, surely top dollar for minor league hockey.

It was only the fifth time in the 30-year history of the ECHL that the championship series went to a seventh game. It was the second year in a row that Colorado won the Kelly Cup.

#### Miracle Remain In Last Place As Season's First-Half Nears End.

The Fort Myers Miracle baseball team started the week with a season's first-half record of 25-37 (.403), 13-1/2 games behind first-place Palm Beach in the Florida State League South Division.

The league's all-star game is this weekend at Tampa, and four Miracle players have been selected to play for the South Team. They are left-handed pitcher Andrew Vasquez, outfielders Jimmy Kerrigan and Jaylin Davis and infielder Travis Blankenhorn.



Team Better Buildings, Inc. captured first place

photo provided

# Fishing Tournament Raises \$20,000

he Lee Building Industry Association's (Lee BIA) 11th Annual Bricks & Sticks Fishing Tournament at South Seas Island Resort on Captiva raised \$20,000 for Lee BIA Builders Care through the tournament's live auction and saw 263 registered anglers on 74 boats

competing for cash prizes. Proceeds will benefit the Lee BIA in serving the building industry of Lee County as well as provide emergency construction services to elderly and disabled community members in need through Lee BIA Builders Care.

First place prize of \$5,000 was awarded to Team Better Buildings Inc. (Eric Carstensen, Mike Carstensen, Miles Meredith and Kristin Carstensen). Second place prize of \$3,000 was awarded to Team Dooley Charters (Shane Dooley, Sherry Dooley and Amanda Jones). Third place prize of \$2,000 was awarded to Team HONC Industries (Jayson Rider, Nelson Diaz and Richard Fruend).

Sponsors and partners of this event included: Five County Insurance; Builders Insurance Group; Better Buildings, Inc.; Juniper Landscaping; Lee-Mar Building and Construction Corp.; Modern Tile & Carpet; Dal-Tile Corporation; US

Floors, LLC; Mohawk; FineMark Bank; Frank R. Jenkins Custom Homes; Siesta Pebble; Raymond Building Supply; Truss Construction Company, Inc.; Cape Coral Plumbing; Wayne Wiles Floor Coverings; Wallace International Trucks; Argos RMX LLC; JJ Haines, TEC; Bostik; Global Gem Flooring; NorthPointe Bank &

continued on page 31

#### **SPORTS QUIZ**

- 1. When was the last time the Seattle Mariners made the playoffs?
- 2. Name the first pitcher to beat all 30 teams in the major leagues.
- 3. Against which team in 1984 did the Rams' Eric Dickerson break the NFL mark for most rushing yards in a season?
- 4. Since 1985, how many winners of the Wooden Award (most outstanding basketball player) also went on to win the NCAA men's basketball championship in the same season?
- 5. Which two teams had the longest winning streak during the 2017-18 NHL season?
- 6. When was the last time before 2016 (Simone Manuel) that a U.S. woman won an Olympic swimming gold medal in the women's 100 freestyle?
- 7. Entering 2018, five golfers had won an NCAA championship and the U.S. amateur in the same year. Name three of them.

#### **ANSWERS**

consecutive games. 6. Nancy Hogshead and Carrie Steinseifer (tie), in 1984. 7. Jack Nicklaus, Phil Mickelson, Tiger Woods, Ryan Moore and Bryson DeChambeau. I. It was 2001. 2. Al Leiter of the New York Mets, in 2002. 3. Dickerson broke O.J. Simpson's mark of 2,003 yards against the Houston Oilers on the way to 2,105 yards overall. 4. Six -- Danny Manning (1988), Christian Laettner (1992), Ed O'Bannon (1995), Shane Battier (2001), Anthony Davis (2012) and Jalen Brunson (2018). 5. Nashville and Carris Steinselved and Carris Steinselved in Jack Mishell Steinselved and Carris Steinselved Transconting Carrier Steinselved Carris Steinselved Transconting Carrier Steinselved April 1984. 7. Jack Mishellans



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# School District And Estero To Form Task Force

he School District of Lee County and the Village of Estero have joined forces as partners in education. Together they are forming a Joint Educational Advocacy Task Force.

The task force will work for both the benefit of the school district and Village of Estero. Its members will find, plan and implement programs, partnerships and promotional opportunities.

"These kind of partnerships are critical to our student's success," said Superintendent Dr. Greg Adkins. "They open up a world of new experiences for our children and cement our relationships with the communities we serve.

The School District has four schools in the Village of Estero. Estero High School, Three Oaks Middle School, Pinewoods Elementary and Three Oaks Elementary. According to the official Memorandum of Understanding, the Educational Task Force

Create mentoring and tutoring possibilities;

Promote the development of career academies and job skill programs with local

Encourage student internship programs; Promote the colocation of future educational and recreational facilities;

Promote coordination and shared financing of infrastructure projects;

Encourage the use of school facilities by Estero residents when not in use by

"It is truly exciting to be involved with the school district and the village of Estero to develop a collaboration which will help meet the needs of the students in the schools in Estero," says Village of Estero Town Councilor Nick Batos. "I strongly believe that the better the educational system and facilities are the more the students will benefit. I also believe that the better our schools are the more desirable our community becomes both for residents and businesses.

The Educational Advocacy Task Force is the first of its kind for Lee County Schools and may serve as a model for other municipal partnerships. The principals of the four Estero schools, District staff and Village of Estero officials and staff will sit on the task force. They will meet at least quarterly to work on their objectives.

The official signing of the Memorandum of Understanding was May 21 at Estero High School.☆

### Hurricane **Preparedness** Seminar

abitat for Humanity of Lee and Hendry Counties will be hosting a seminar about planning and preparing for hurricane season from Lee County Emergency Management on Tuesday, June 19 beginning at 6 p.m. The event is free and open to the continued on page 24 39th annual



5anibel • Captiva



# The Sanibel Captiva Optimist Club 2018 Official Entry Form

For an early start time, preregister and mail or email this form along with an entry fee of \$40.00 to: Sanibel Captiva Optimist Club

P.O. Box 1370 Sanibel, Florida 33957

Contact e-mail info@sancapoptimist.org

Additional Info (area code 239) Randy @ 699-8739, Richard @ 292-4631 or Dani @ 472-0836 on-line @ www.sancapoptimist.org





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Driver's Name & Shirt Size:			
Navigator's Name:  Where Can We Contact The Team Leader? Pl Team Leader Name:  Address:	ease Print:		
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Preregistration Fee \$40.00. Walk-in fee day of event \$45.00 Includes: Car, Driver, Navigator, Unlimited Crew, and 1 Official Road Rally T-Shirt. (Additional T-Shirts will be available for \$15.00)

#### **Penalties:**

- Five points deducted for each mile over or under computed mileage.
- Points may be deducted for each minute over or under adverage course time at the Commmittee's discretion.
- Entry disqualified for exceeding posted speed limit or for receiving a moving violation on the course.
- Entry may be disqualified if not at finish point within 2 1/2 hours.
- The Rally Master reserves the right to adjust the time equally for all contestants if conditions warrant.
- Afterglow party in The Sanibel Grill @ The Timbers Restaurant!





Registration from end of Parade to 12:00 Noon July 4th, in the parking lot at Timbers Restaurant 703 Tarpon Bay Road, Sanibel Island, Florida Conducted by: The Sanibel Captiva Optimist Club

The Sanibel - Captiva Optimist Club is a 501(C)3 Corporation and your donation is fully tax deductible.

Please note that we are an all-volunteer, not-for-profit organization and all of the funds go directly to helping the kids!



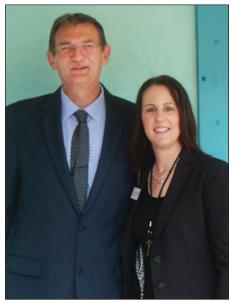
From left, Valerie's House CEO Angela Melvin, Mollie Turner, SalusCare CEO Stacey Cook and Lee Health Hospital Board Member Therese Everly photos provided



alusCare's Center for Growth, a dedicated and comprehensive practice for the behavioral healthcare needs of children and families, celebrated its grand opening at its 2789 Ortiz Avenue location in Fort Myers on May 31. About 90 people attended the special event, including elected officials and community leaders.

The all-inclusive center includes two full-time child psychiatrists, outpatient therapy for children and families, children's case management, the Community Action Team (CAT) and Therapeutic Behavioral On-Site Services (TBOS). A sliding-fee scale is offered, and most insurance plans are accepted.

"SalusCare heard from our Southwest Florida community that children's behavioral healthcare services needed to be expanded and consolidated into one family-friendly, supportive and comfortable environment," said Stacey Cook, president and CEO of SalusCare. "Parents bringing children to SalusCare for services asked for



United Way President Cliff Smith and SalusCare CEO Stacey Cook

a dedicated building housing all children's behavioral healthcare services. SalusCare not only heard the community, but we have listened and acted upon their request by opening the Center for Growth.'

Located in Building G on the Ortiz



From left, Board Member Judith Hartner, CEO Stacey Cook, Board Member Marc Collins, State Rep. Heather Fitzenhagen, Board Member Jim Reilly, Board Member Sue Ackert and Board Chairman Marshall Bower.



From left, Board Member Bill Weaver, Carole Green, Morgan Bowden and Board Chair Marshall Bower

Campus, the new Center for Growth is in a re-purposed former adult residential facility. "SalusCare was fortunate to possess some restricted funding available for children's services, so this became the seed money we needed to initiate

this project," said Todd Cordisco, vice president of public relations nd development. "There are still items on our wish list and opportunities for donors to support this new comprehensive center for children and families."以



Artist Paulette Boudreau with her artwork



Coalition for a Drug-Free SWF Executive Director Deb Comella and Rob Tabor

#### Beautifulife:

# Happy Travels



by Kay Casperson

hat is your next adventure? Summer is one of the best times to travel, and there are so many great places to explore. Whether you are traveling to a nearby place in

your car or flying to a new or familiar destination, there are ways to make your travels happy and stress-free.

After many years of traveling as a single person and now with kids and family, I have learned some helpful tips for making things a bit easier. After all, travel should be exciting and fun, but when confusion and stress are involved, whether from being unprepared or lacking information, things can become chaotic very quickly.

Here is a list of some of my best advice:

Pack lightly – try to bring items that are wrinkle-free and that you can mix and match so you don't have to bring a large bag. If you stay in the same color tones, this is much easier to do.

Roll your items – start with shoes at the bottom of the bag and then roll your items so you can fit them better. You will be surprised at the amount of room you have and you can leave a bit of room for new purchases.

Utilize technology – check out Google maps when driving and also Google the best places to visit while in a certain area. I am amazed how easy traveling is now with the use of our cell phones and navigation, as well as all the great sites to search for top things to do.

Check your points – you may have accumulated points that can be redeemed from credit card purchases or previous hotel stays and flights so check to see what can be redeemed at the time of booking.

Request special rates – there are many discount opportunities for hotels and car rentals like AAA, AARP, American Express Platinum, Florida Resident, depending on where you live.

Ask for upgrades – always check to see if an upgrade is available when checking into a flight, renting a car or checking into a hotel. Remember, most airlines, car rental agencies and hotels want full occupancy and will give upgrades at the last minute. Some upgrades might cost a bit more, but you may be surprised at what you get when you ask.

Pack necessities – whether you are traveling by car or by plane, make sure you have your own of everything. This includes earphones, WiFi if necessary, snacks, electronics, blankets and a neck pillow. If you rely on the airlines for these things, you may be disappointed.

Keep health and wellness items handy – I am a big believer in essential oils and vitamins, as well as a travel diffuser for headaches, nausea, sleep and overall wellness to make sure you're staying healthy throughout your trip.

Pack travel-size items – find personal care items that you can take with you that will give you enough product for your whole trip but not be too big to carry on a plane (3.4 ounces or below). My company caters to the traveler so all of the products that we manufacture are travel friendly but big enough to get you through your trip, and even enjoy when you get back home.

There are many more ways to make travel easier and less stressful. I am sure you have a few tips of your own. The most important thing to remember is to stay relaxed and give yourself enough time to get to where you want to go knowing there may be delays due to traffic, weather conditions or unexpected stops. Remember, traveling should be a beautiful and exciting adventure learning about new places and cherishing experiences that various destinations have to offer.

My affirmation for you this week is: "I am exploring new places to travel and will take the time to prepare for my adventures knowing that the more organized I am, the more beautiful my time will be."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.



Pilot Club members Nancy Campbell (left) and Fran D'Alessandro (right) fitted bicycle helmets on Rebekah Doss, age 6, and Josiah Doss, age 3, while mother Beth Doss looked on photo provided

# Bicycle Helmets Distributed For Safe Kids Day

Two children were fitted with the appropriate size helmets during the recent Safe Kids Day held at Gulf Coast Town Center.

Wth mother Beth Doss in attendance, Rebekah Doss, age 6, and Josiah Doss,

age 3, were provided bicycle helmets by the Pilot Club of Fort Myers. The Dosses live in San Carlos Park.

The focus of the Pilot Club of Fort Myers is helping organizations seeking to improve the quality of life for individuals with brain-related disorders through volunteer activities, education, and financial support. The club's motto is "do more, care more, and be more."

For more information about the Pilot Club of Fort Myers, contact president Fran D'Alessandro at 332-1140.



From page 1

# Father's Day

a new exhibit in the museum with five hands-on activity stations. The activities allow for groups and families, so parents and grandparents can enjoy the activities along with their children and grandchildren. Edison Ford is one of only nine museums across the country to have a Smithsonian Spark!Lab.

On Father's Day, dads also will receive 10 percent off retail purchases made in the Ford Cottage Shoppe,

Museum Store and Garden Shoppe. Cold beverages and ice cream are offered in the Ford Cottage Shoppe. The Museum Store is stocked full of hats, T-shirts, Thomas Edison and Henry Ford collectible items, books and music. Plants, trees and garden items are available in the Garden Shoppe.

Edison & Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. The site is open from 9 a.m. to 5:30 p.m. seven days a week. For more information, visit www. edisonfordwinterestates.org or call 334-7419.

# Seven Medical Benefits Of Kiwi Fruit



by Suzy Cohen, RPh

ear Readers: Kiwi is among my favorite fruits of all time. It's also known as "Chinese gooseberry." The little black seeds in kiwi do more than just get stuck in your teeth. They give you a small amount of healthy

omega 3 fatty acids. An average kiwi has about 30 milligrams of alpha-linolenic acid. Kiwi is a great source of natural vitamin C and A. It is a good source of natural folate, thiamin and riboflavin.

Kiwi also offers some vitamin K (phylloquinone) and minerals such as potassium, calcium, magnesium and phosphorous. In this regard, it's great for blood pressure and bones. The fleshy green part gives you an added bonus of fiber which promotes smooth traffic through your colon (regularity) and simulate healthy probiotic growth.

Irritable Bowel Syndrome (IBS) - Kiwi has compounds in it that reduce activation of intestinal cells which ruin your gut. This

reduces inflammation in the gut.
Asthma and Wheezing — Kiwi is rich in all kinds of antioxidants, especially vitamin C, which promotes collagen, and that promotes healthy breathing. There was a study published in *Thorax* that evaluated children and asthma symptoms. The kiwi-consuming group had less wheezing and noticed fewer nocturnal coughing fits.

Depression and PMS Melancholy

- Some foods are naturally high in serotonin and tomatoes are one of them. Kiwis have twice as much serotonin as tomatoes. Serotonin is a "happy" brain chemical that lifts mood, induces relaxation and boosts self esteem. People who are aggressive or hostile, or live in "fight" mode might be low in serotonin. I have a longer version of this article at my website in case you want more details. Eating kiwis can essentially make a person feel more content because it acts as a natural fruit anti-depressant.

Sleep — Serotonin converts in the body to melatonin, a sleep hormone. So eating kiwis should help you fall asleep faster, and sleep a little bit longer. Eat one or

two right after dinner.

Your eyes – Natural antioxidants like lutein and zeaxanthin are needed to support vision. Kiwi contains these special eye-loving nutrients. If you're suffering with glaucoma or cataracts, why not eat a kiwi each day as part of your diet.

Respiratory Infections – There was some research published in *Advances* in Food and Nutrition Research in 2013. Compounds in kiwi were found to modulate the immune response, making it a great fruit to eat if you have suppressed immunity or chronic sinus/lung infections.

Anemia – If you're iron deficient and supplementing with iron tablets, you can boost the amount of iron your body takes up with vitamin C containing fruits such as kiwi or orange juice.

Kiwi is a refreshing fruit that has many medical benefits. Just be aware that you might be allergic to kiwi if you're allergic to peanuts. There is a cross-sensitivity with tree nuts and kiwi. If you've never had it before, be sure to peel the fuzzy skin off before eating it.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

**Doctor and Dietician** 

# Healthy Food Swaps





by Ross Hauser, MD and Marion Hauser, MS, RD

veryone loves their comfort foods and snacks. The problem is, these foods ■often play havoc on our waistline and health. Is there a way to enjoy these pleasures and still avoid the fake foods and high calories? Are there natural, wholesome, nourishing foods we can swap that still taste great? Yes!

Swapping whole foods and cooking at home is the place to start. French fries are difficult to pass up, but potatoes, which are naturally high in potassium, can be roasted in the oven at home for a healthier side dish. Cut up potatoes, toss with olive oil and Kosher salt before roasting. Try sweet potatoes for the added beta-carotene. Using whole foods boosts nutrients and fiber, and reduces artificial flavoring, additives and bad fats. Whole foods generally have a lower glycemic index that will lessen spikes in blood sugar.

When creating meals with ground meat, mix in various types of beans. Beans increase fiber and nutrients, make you feel full faster, along with reducing the overall meat and fat content. When making spaghetti, substitute zucchini for the pasta. "Zoodles" or zucchini noodles can be

made quickly with a zoodle maker, which is inexpensive and easily found in local supermarkets. Boil or sauté with added garlic, sea salt and Italian spices. They are absolutely fantastic. The glycemic, carb and calorie load are much lower than pasta, and with the extra fiber to boot.

What about desserts? Ice cream is such a delicious and tempting snack! Is there a swap idea? A quick, simple and delicious swap is to take a frozen banana and blend it with one tablespoon of cocoa powder and one teaspoon of maple syrup. Like potatoes, bananas are rich in potassium and fiber. Cocoa is a great source of magnesium too.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.

# Physicals At Convenient Care

etween now and September 30, Lee Health's Convenient Care urgent care offices are offering \$25 sports, camp and school physicals with no appointment necessary. Physicals include: height and weight; vital signs; allergies; medications; review of any past medical and surgical history; and physical exam.

This easily accessible alternative for school and sports physicals is available at all four Convenient Care locations. They are located at Page Field, 4771 South Cleveland Avenue in Fort Myers: Summerlin, 16230 Summerlin Road, Fort Myers Pine Island Road, 1682 NE Pine Island Road, Cape Coral; and Metro, 13340 Metro Parkway, Fort Myers.

For more information, visit www. leehealth.org/urgent.☆

# **Blood Culture** Collection System Improves Safety

ee Health clinicians have reported an 83 percent reduction in false positive diagnostic results for bloodstream infections like sepsis, following the adoption of a new blood culture collection system. The collection system has been implemented in the health system's four emergency departments (ED) at Lee Memorial Hospital, Cape Coral Hospital, Gulf Coast Medical Center and HealthPark Medical Center.

The ED is the gateway to the hospital for so many patients, so anything we can do to improve diagnostic accuracy has a significant impact on patient care," sad Mary Bell, MS, RN, CEN, nurse manager of the Lee Memorial Hospital Emergency Department. "We've worked for years to reduce our blood culture contamination rates. We implemented the Steripath Initial Specimen Diversion Device (ISDD) which removes contaminants often found when blood is drawn using standard methods. It led to an immediate, statistically significant reduction in our contamination rates. providing a major improvement in safety

for our patients."

Each year, tens of millions of patients in the U.S. require a blood culture to help diagnose sepsis and other potentially deadly bloodstream infections. "Sepsis is a multisystem organ dysfunction caused by infection. Early detection and timely treatment are significant determinants of survival because every hour treatment is delayed, decreases a patient's chance of survival. Sepsis, including septic shock, carries a high mortality rate of approximately 15 to 60 percent," said Marilyn Kole, MD, Lee Health vice president of clinical transformation. However, when standard practices are followed, an average of 40 percent positive results are actually false positives due to blood culture contamination. For instance, the blood may become contaminated with bacteria-containing fragments of a patient's skin that enter the needle during the blood culture collection process.

A sterile, closed-system device, the Steripath ISDD mechanically diverts, sequesters and isolates the initial 1.5 to 2.0 milliliters of blood, the portion known to contain contaminants. The device then opens an independent, second sterile blood flow path to the culture bottles. The technology has been clinically proven to virtually eliminate blood culture contamination that can lead to the misdiagnosis of bloodstream infections like

sepsis.
"Early detection and treatment of sepsis are critical," said Aaron Wohl, MD, an attending physician in the emergency department at Lee Memorial Hospital and HealthPark Medical Center who is actively involved in Lee Health's sepsis reduction initiative. "By giving us more reliable blood cultures, the new device helps clinicians make a more accurate diagnosis of sepsis and avoid unnecessary and inappropriate antibiotic treatment and the associated risks of developing antibiotic resistant infections and Clostridium difficile. Reducing the number of patients who might otherwise receive unnecessary antibiotic therapy can also help prevent antimicrobial resistance, which is a serious and growing public health threat.

The new process is expected to impact health care costs associated with falsepositive blood cultures and the expense and potential complications of unnecessary antibiotic treatment. The cost of a single false-positive blood culture can approach \$10,000 because of the cost and potential complications of subsequent antibiotic therapy. Lee Health estimates the system-wide cost savings could be between \$4.3 and \$10.8 million annually with the

technology implemented throughout Lee

Quality patient care ultimately means getting the right diagnosis for the right patient and giving them the most appropriate treatment for the right amount of time," said Dr. Kole. "These results clearly demonstrate this technology is an efficient, cost-effective way to improve patient care by reducing blood culture contamination, even in a busy, dynamic clinical setting like the ED."

From page 21

#### Seminar

public. Individuals and families, along with nonprofits and service agencies in Lee County, are invited to attend this informational meeting at the Habitat for Humanity of Lee and Hendry Counties' main office located at 1288 North Tamiami Trail in North Fort Myers.

Get information you need to know about planning and preparing for hurricane season from Lee County Emergency Management. There will

also be a hurricane supplies drawing.

To RSVP, email Igdalia at igdaliaA@ habitat4humanity.org or call 652-1682. You can also reserve a spot to attend via text alert.☆

# PETS OF THE WEEK

photos provided

**PAWS Of Sanibel** 

## Matt The Cat

submitted by Pamela Sullivan

his is Matt the Cat. He was rescued Memorial Day weekend. All the animals have to have a name when they're vetted, and I always seem to run out of names as there have been hundreds of animals rescued over the years since March 1987 when PAWS was Matt the Cat started on the islands.



By the time I arrived at the location on San-Cap Road where this poor little 8-week old baby was living, alone in the wild, Officer Matt Casola of the Sanibel Police Department already had him in a pet carrier, ready and waiting for me. I decided I didn't have to waste any time thinking of a name, if he was a male, he would be Matt The Cat, after Matt the Cop.

Unfortunately, all was not well with little Matt. and because it was Memorial Day weekend, all the veterinary clinics were closed, except 24-hour, critical care emergency facilities, so on Sunday, we were off to Specialized Veterinary Services

off Daniels and Interstate 75. Matt has since also been to Dr. Diane Bean at VCA Coral Veterinary Hospital in Fort Muers twice, and we're not completely finished yet. His issues may stem from a trauma to his little body while living alone outside, or it may be the result of an upper respiratory infection. He may need to be sedated to get to the bottom of the problem; he's just too tiny right now to risk the anesthesia.

The good news is that other than the symptoms he's exhibiting, everything else about him seems fine and totally normal. He was one pound, 14 ounces on the day I picked him up, and he's gained a full pound in the last 10 days. We are extremely hopeful that Matt the Cat will make a complete recovery and will be available for adoption in the not too distant future. He is a total sweetheart. His x-ray technician was just crazy about him.

If you have animals, you know that veterinary care is quite expensive and when you must go to critical care facilities on holiday weekends, the costs are extremely high. If you would like to make a donation to PAWS to offset some of Matt The Cat's expenses, it would be greatly appreciated. PAWS is a 501(c)3 nonprofit, and all donations are completely tax deductible if you itemize deductions on your income tax return. Please send donations to PAWS, P.O. Box 855, Sanibel, FL 33957.

If you are interested in adopting Matt the Cat after he is given a clean bill of health, call Pam at PAWS, 472-4823. A

Haven on Earth Animal League

# Kristmas And Biscuit

i there! We are Kristmas and **▲**Biscuit. We are both 8-years old, neutered and up to date on all vaccines. We are about to lose the only home that we have known our entire lives. Our human mother has to move into an assisted living facility, and she can't take us with her. We



Kristmas

need to stay together because all we have now is each other. We are very friendly and well-behaved

boys. Our scratch posts, toys, food and litter boxes will come with us, and it will help us feel at home to have our own things.

Biscuit is a dark tabby with beautiful, bright, green eyes and a cute little, white chin. I am a red tabby, with four white paws and an adorable face.



**Biscuit** 

Call Marcy with Haven on Earth Animal League at 410-9983 to learn more about us.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.☆

Lee County Domestic Animal Services

# McFly And Eddie

'ello, my name is McFly. I did not arrive at Lee County Domestic Animal Services (LCDAS) in a DeLorean but came in the comfort of an Accountable Care Organization van. I am an 11-year-old female dashchund mix who was abandoned by my former owner. At my age, I do not



McFly ID# A741019

know what I could've done wrong to have been left behind. I have impeccable manners and will stay by your side all day.

As one of LCDAS' Super Seniors, my adoption fee is just \$25.

Hi, I'm Eddie. I am a 5-year-old male Jack Russel

terrier who is very appropriately named as I am exactly like the Eddie in the comedy series Frazier. I will follow you around just to be in the know. I recently went to the Hooters and Hounds event and was a big hit (especially with all the girls). My \$75 adoption fee includes spay, up-to-date vaccinations, rabies.



Eddie ID# A741784

county license and 10-day health guarantee. That's a \$500 package.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call *533-7387.*☆



FROM THE BEACHES TO DOWNTOWN FORT MYERS	
Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	278-7100
Florida Highway Patrol	-800-282-3171
HealthPark Medical Center1-8	800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare  Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	-800-275-8777
Visitor & Convention Bureau	
ARTS	020 0707
Alliance for the Arts	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTSBroadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chórus, Chárles Sutter, Pres	230-507-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	574 0221
CLURS & ORGANIZATIONS	
American Legion Post #38	.239-332-1853
Angel Flight	
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Folk Society	
Cape Chorale Barbershop Chorus1	-855-425-3631
Cape Coral Stamp ClubduPont Company Retirees	542-9153
Edison Porcelain Artists.	415-2484
Embroiderers Guild of America - Sea Grape Chapter	. 239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederac Friendship Force Of SW FL	59 728-3743 561-9164
Garden Club of Cape Coral	.239-257-2654
Horticulture and Tea Society	
Horticultural Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	
Navy Seabees Veterans of America	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	
Southwest Florida Music Association	561-2118 54 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	
lona-McGregor	482-0869 463-0738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	247-3073
POLO Club of Lee County	
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid SocietyUnited Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	11 or 433-3900
AREA ATTRACTIONS	005 0000
Bailey-Matthews National Shell Museum	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	
Fort Myers Skate Park	
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	.239-992-0311
Langford Kingston Home	239-334-2550 765-8101
Skatium	321-7510
Southwest Florida Historical Society	
Southwest Florida Museum of History	945-0405
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To be listed in calling card email your information to: press@riverweekly.com

# **PUZZLES**

44 Tip, as one's

46 With hands

49 TV beatnik

Maynard

city on the

Colorado

52 "You take it"

53 TV's Trebek

**57** Writer Puzo

60 Take a shot

**54** Ho Chi -

City

62 Stymies

**64** Frenzied

**65** — Bator

66 Red-brown

"Late Night"

67 Meyers of

**69** Doc's gp.

frame

70 Disney

gulf

user

80 Central

G. -

50 Arizona

on hips and

elbows out

hat

# **Super** Crossword

#### **INTERNAL BONES**

86 Exemption

88 "Je t'-

from penalty

(Luc's "I love

#### 1 Put a cork in 8 Tribulations 15 Rival of

ACROSS

- Hertz or Avis 20 Verv weak 21 Patty of the
- LPGA 22 Supped 23 Set a camel's
- cousin free? 25 In a devious way
- 26 Toyota model 27 Meadowland
- 28 Folk stories 30 Belt stabbers 31 Times
- Square lights **32** — -mo replay
- 33 Terribletasting stadium snacks? 36 Writer -
- Stanley Gardner (complete)
- 38 Wood splitter 39 Reply to the invite
- 40 Baaing "ma" 41 Very light wood gradually decayed? 45 Annual
- 47 Low cloud

26

53 54

85 86

20

23

36

41

52

61

68

74

92

100

107

112

116

123

126

- 55 Kitten cry 56 — de plume (pen name) 58 Tutti- -
- 61 Yale alums 63 Tall beast indistinct sound?
- 68 Patronize 15-Across, e.g. **72** "It's so-o-o
- cold!" 73 Pastel color 74 Unearth Moscow
- natives? 77 Brewer's kiln 78 California surfing spot
- 79 Yoko of 'Two Virgins" 80 "- -la-la! **83** — power
- 84 Cut short 87 Voyaging 89 Cooking
- competition reality show **92** 2001 Sean Penn drama 95 Skier/shooter
- carboloading on tubular pasta?
- 100 iPhone game, often

42

55

70

94

113

93

101

117

87

102 103

118

124

127

62

78

108

- 48 So-o-o slow 101 Vitality 51 Piano pieces 104 Singer Davis
- 52 Easter meat 105 "Livin' Thing" rock an. 106 Load to bear
  - 107 Merciless theater guide? 110 Monkly title
  - makes a low, 111 "It's cost you!" 112 Top-tier
    - 113 Certain opera singer 114 River of Switzerland
    - 115 Hank known for hitting 116 Ford debut of '55
    - 118 Tune sung by a robed singer? 123 "Neon" fish
    - 124 Biting insects
    - 125 Laura -Wilder **126** So far
    - **127** Hall of TV **128** Most profound
    - DOWN 1 Sault —
      - Marie Canals 2 Painting emulsion

21

43

56

95

109

72

104

119 120

with egg yolk 43 City bond, 3 Hot in Vegas informally

Obispo 7 Claimed psychic skill 8 Bone: Prefix 9 Ostrich kin 10 Costa — Sol 11 Long fish

4 Runt's

6 San —

quality

5 Hocus- —

- 12 "Two and - Men" (sitcom) 13 Dorothy of the "Road" films
- 14 Tie-ups 15 Some plugs 16 Pastel color 17 In whatever
- place 18 Without harshness 19 Long, trying
- trips 24 Full-scale 29 Reason to turn green?
- 31 State east of Wvo. 32 Diner
- freebie 33 Rock's Rose **34** Sob 35 Act like
- 37 Tillage unit 38 Soaks up 42 \$20 bill dispenser

12 | 13

28

44

58

48

89

39

73

105

110

- **81** "— be in England ..." 82 Snicker part 84 Panini bread

15

22

25

30

46

40

83

106

111

115

121

125

128

66 67

98 99

122

blankets

45

59

- Florida city 120 Hotel cousin
- 85 Leg-warming 121 Relieve (of) 122 Post-Q run 18 19

# King Crossword

#### **ACROSS**

- 1 Move rapidly 5 Pirates' quaff 8 EPA concern
- 12 World's fair 13 Detergent

15 Tolerate

do"

18 Release

case

24 Scenery

20 Heart lines

22 Sauce source

23 Prickly seed-

chewers

27 Afternoon

shows

33 Journalist

Tarbell

mule

32 Biz deg.

16 Whatever

number

"- have to

- vou") 90 Physicist brand 14 Hardy cab-Curie bage
- 91 Diagram of a facility's layout
- 93 In the style 94 Actress
- Kunis 96 Pothole filler 97 Dignify
- 59 Bath mat site 98 Underground
- passages 63 Beetle larvae 99 That, in Spain 102 Levers' pivot
  - points 103 Rolle with a sitcom role
  - 108 Pied-à- -(apartment)
- 109 Homies' turfs **71** 113-Across **110** 1980 Dom solo, often DeLuise 75 Red Sea
- 111 Evaluate 76 Green net 114 Fizzy wine,
  - familiarly 115 Poet Sexton 117 Not "dis." in
  - Brooklyn **119** "Norma —"
- retreat 52 Lotion addi-
- 1 Humpbacked animal of India 2 Kin of
  - 1-Down 3 Colorful fish
  - 4 Swamp 5 Easily prepared product

28 30 31 40

20

- 44 45 47 50 52
- 53 Faraway fleet?
- 54 Blackbird 55 Palm variety 56 Libretto

18

35

- 34 "Erie Canal" 57 Meadow 58 - off (angry)
- 35 Math tables, e.a. DOWN 38 Ratio phrase
- 39 Auto
- 40 Hr. portion 42 Religious
- 45 Declare
- 49 See 38-Down 50 A billion years

- 6 Grecian vessel 29 Devil's home? 7 Poet Angelou 30 Chow down 8 Slalom slope 31 — -mo replay
- 9 Futon, for one 36 Toughest to 10 podrida find 11 Solidifies 37 Gershwin or
  - 19 "When pigs Glass fly!" 38 Young one
  - 41 Kipling poem 21 Japanese 42 Touch sash
  - "Let me think 43 Protected 44 Repast "The - Daba 46 Nastase of
  - Honeymoon" tennis lore 26 Compact car 47 Lasso 48 Anthropolomaker? 28 Citric bevergist Margaret 51 Individual

#### **FACIAL** *MAGIC MAZE* ( EXPRESSIONS WOMIEAWSPLIEAXT

Q N J G C Z W T Q N J G D A X UROLJ(G)GDAXEVS F  $\mathbf{C}$ RAXVS L H L E C A I I T X L V I TRPN A H FMUWDBMYXV RPORA OLENSMKI Α Е  $\mathbf{C}$ PRZCWUXWN Е UTB R CAFGNOL ONLJIGNNFSMIRKD CAYKCOHSULBGWFX

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Beam Grimace Blush Grin Frown Long face Glare Pout

Scowl Shock Smirk Snarl

Sneer Sulk Wince

HJ BAXTER PRES.  By Schwett,	SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!  Respond TRACE  Angst AMELIAS  Fairy PRIEST  Creak ARGON
"Yes, the boss is in a great mood — but asking him for an would spoil it!" answer on page 29	TODAY'S WORD

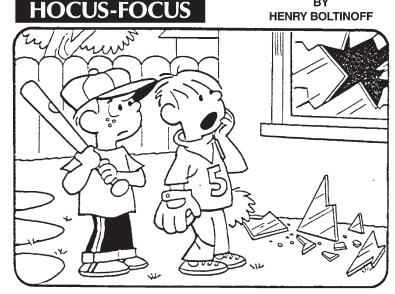
	1			3		8		
9			2	8			4	
		6			5			7
8		1	5					9
		2			4		6	3
	5		7	2		4		
	7		4				2	
3					6	9		
		8		9		7		1

# **SUDOKU**

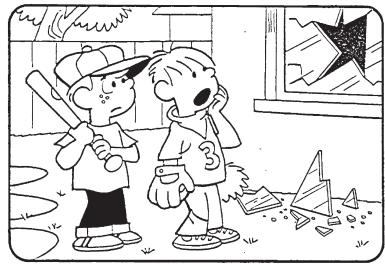
#### To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



is different. 5. Glass break is different. 6. Piece of glass is missing. Differences: 1. Fence is different. 2. Bat is shorter. 3. Stripe is missing. 4. Number



#### Rock Shrimp Sauce with Jalapeño Hoe Cakes

- 2 tablespoons olive oil
- 1 tablespoon finely chopped garlic 3/4 cup dry white wine
- 1 10-ounce can cream of shrimp
  - 1 pound peeled rock shrimp
  - 1 tablespoon seafood seasoning
  - ½ teaspoon salt
  - 1/4 teaspoon black pepper
  - 1/4 cup half and half
- ½ tablespoon fresh lemon juice, or to taste
- Jalapeño Hoe Cakes (recipe
- 1 tablespoon chopped fresh

Heat the olive oil in a heavy skillet over medium-high heat until hot. Add garlic and sauté 1 to 2 minutes until golden. Add wine to pan and stir in soup; simmer 3 minutes stirring until smooth. Sprinkle shrimp with seafood seasoning and remaining 1/4 teaspoon each of salt and pepper.

Add shrimp to sauce mixture and cook 2 to 3 minutes until opaque and cooked through. Slowly stir in half and half and lemon juice. To serve, spoon over Jalapeno Hoe Cakes and sprinkle with chives.

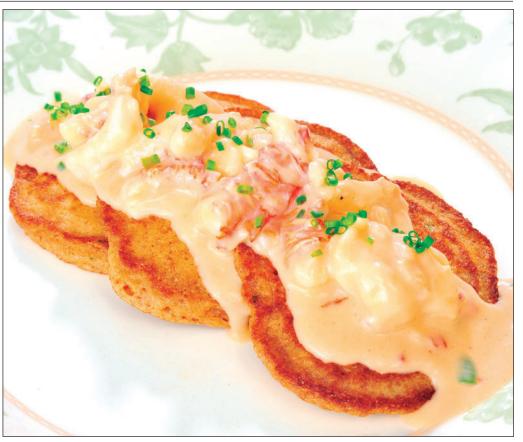
Yield four servings

#### Jalapeno Hoe Cakes

- 2 cups self-rising cornmeal
- 2 tablespoons sugar
- 1 teaspoon salt
- 2 cups milk
- 2 large eggs
- 1/3 cup jalapeño peppers, seeded and chopped

butter or corn oil for frying In a large bowl, mix together cornmeal, sugar and salt. In a separate bowl, beat the eggs and milk until well blended. Add the wet mixture into the dry ingredients and stir until just mixed and moistened. Let the batter set for 10 or 15 minutes. Add oil to just cover bottom of skillet then heat over medium-high heat. Pour ¼ cup of batter for each hoe cake into skillet. Cook 3 or 4 minutes until tops are full of air holes; flip cake and cook until golden brown. Drain on absorbent paper and serve warm.

Yield six servings.☆



Rock Shrimp Sauce with Jalapeño Hoe Cakes







SATURDAY Few Showers High: 87 Low: 76



SUNDAY Few Showers High: 81 Low: 71



MONDAY Scattered Rain High: 82 Low: 72 ///



THESDAY Few Showers High: 85 Low: 75



WEDNESDAY Few Showers High: 86 Low: 76



THURSDAY Few Showers High: 87 Low: 77

#### Redfish Pass Tides

<u>High</u>	Low	<u>High</u>	Low
4:47 am	7:03 am	2:04 pm	9:56 pm
5:48 am	7:47 am	2:54 pm	10:49 pm
6:43 am	8:49 am	3:50 pm	11:41 pm
7:29 am	10:16 am	4:53 pm	None
8:08 am	12:32 am	6:10 pm	12:02 pm
8:45 am	1:21 am	7:44 pm	1:50 pm
9:20 am	2:08 am	9:26 pm	3:22 pm
	4:47 am 5:48 am 6:43 am 7:29 am 8:08 am 8:45 am	4:47 am 7:03 am 5:48 am 7:47 am 6:43 am 8:49 am 7:29 am 10:16 am 8:08 am 12:32 am 8:45 am 1:21 am	High         Low         High           4:47 am         7:03 am         2:04 pm           5:48 am         7:47 am         2:54 pm           6:43 am         8:49 am         3:50 pm           7:29 am         10:16 am         4:53 pm           8:08 am         12:32 am         6:10 pm           8:45 am         1:21 am         7:44 pm           9:20 am         2:08 am         9:26 pm

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	3:52 am	7:05 am	1:09 pm	9:58 pm
Sat	4:53 am	7:49 am	1:59 pm	10:51 pm
Sun	5:48 am	8:51 am	2:55 pm	11:43 pm
Mon	6:34 am	10:18 am	3:58 pm	None
Tue	7:13 am	12:34 am	5:15 pm	12:04 pm
Wed	7:50 am	1:23 am	6:49 pm	1:52 pm
Thu	8:25 am	2:10 am	8:31 pm	3:24 pm

#### Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	3:44 am	8:35 am	2:03 pm	10:07 pm
Sat	4:47 am	9:38 am	3:21 pm	10:56 pm
Sun	5:38 am	10:35 am	4:46 pm	11:44 pm
Mon	6.21 am	11:32 am	5.52 pm	None
WIOII	0.24 am	11.32 am	5.52 pm	TVOILE
Tue		12:35 am		
Tue	7:09 am		6:54 pm	12:42 pm
Tue Wed	7:09 am 7:52 am	12:35 am	6:54 pm 7:55 pm	12:42 pm 1:58 pm

#### Cape Coral Bridge Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	6:57 am	12:21 am	4:14 pm	10:19 am
Sat	7:58 am	1:12 am	5:04 pm	11:03 am
Sun	8:53 am	2:05 am	6:00 pm	12:05 pm
Mon	9:39 am	2:57 am	7:03 pm	1:32 pm
Tue	10:18 am	3:48 am	8:20 pm	3:18 pm
Wed	10:55 am	4:37 am	9:54 pm	5:06 pm
Thu	11:30 am	5:24 am	11:36 pm	6:38 pm

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#### **HOME WATCH**



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SUDOKU

# **PUZZLE ANSWERS**

# SUPER CROSSWORD S T O P P L E O R D E A L S A L A M O T E N U O U S S S H E E H A N D I N E D E M A N C I P A T E L L A M A S L Y L Y P P R I U S L E A S C R U M B L E D V Y E A R L Y S B A L S A C R U M B L E D V Y E A R L Y S B A L S A C R U M B L E D V Y E A R L Y S B A L S A C R U M B L E D V Y E A R L Y S B A L S A C R U M B L E D V Y E A R L Y S B A L S A C R U M B L E D V Y E A R L Y S B A L S A C R U M B L E D V Y E A R L Y S B A L S A C R U M B L E D V Y E A R L Y S B A L S A C R U M B L E D V Y E A R L Y S B A B L S A C R U M B L E D V Y E A R L Y S B A B L S A C R U M B L E D V Y E A R L Y S B L U E E L I S V R A R L Y S B R R M B A B Y B L U E B C V S S I A N S V C O A S T B C S T B A U S S I A N S V C O A S T B C S T B C S T B C S T B R A U S A A R O N U S B R R M B A B T B C S T B R A U S B A B T B C S T B R A U S B A B T B C S T B R A U S B A B T B C S T B R A U S B A B T B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B A B C S T B R A U S B C S T B R A U S B A B C S T B R A U S B C S T B R A U S B C S T B R A U S B C S T B R A U S B C S T B R A U S B C S T B C S

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# My Stars ★★★★

FOR WEEK OF JUNE 18, 2018

**Aries** (March 21 to April 19) Your creative side is enhanced by indulging yourself in as much artistic inspiration (music, art, dance, etc.) as you can fit into your schedule. Bring someone special along.

**Taurus** (April 20 to May 20) Take a little restorative time out of your busy life. Go somewhere quiet this weekend. Or just close the door, turn on the answering machine and pretend you're away.

**Gemini** (May 21 to June 20) Your advice might be much in demand by family and friends this week. But reserve time for yourself to investigate a project that could have some unexpected potential.

Cancer (June 21 to July 22) Work-related issues demand your attention in the early part of the week. Family matters dominate Thursday and Friday. But the weekend is yours to spend as you please.

**Leo** (July 23 to August 22) Try to keep your temper in check as you deal with someone who seems to enjoy showing disrespect. Losing your Leonine cool might be just what the goader hopes to see.

**Virgo** (August 23 to September 22) A heated confrontation needs some cool-off time before it boils over. Better to step away than to try to win an argument where emotions overrule the facts.

**Libra** (September 23 to October 22) Someone very special in your life finally sends that reassuring message you've been hoping for. You can now devote more time to the tasks you had put aside.

**Scorpio** (October 23 to November 21) Job pressures begin to ease by week's end, leaving you time to relax and restore your energy levels before you face next week's emerging challenges.

**Sagittarius** (November 22 to December 21) Your spiritual strength helps calm a friend who might be facing an unsettling change in their life. An offer to help comes from a surprising source.

**Capricorn** (December 22 to January 19) By midweek you could learn some surprising facts about an associate that might cause you to reconsider a long-held view about someone in your past.

Aquarius (January 20 to February 18)

One of those rare-for-you darker moods sets in in the early part of the week. But by Thursday, the clouds lift and you're back doing nice things for people in need.

**Pisces** (February 19 to March 20) Use that sharp Piscean perceptiveness to reel in more information about a promising offer so that you have the facts to back up whatever decision you make.

**Born This Week**: Although you prefer the status quo, you easily can adapt to change when it's called for.

#### THIS WEEK IN HISTORY

- On June 22, 1611, the starving crew of the Discovery mutinies against its captain, English navigator Henry Hudson, and sets him, his teenage son and seven supporters adrift in a small, open boat in Hudson Bay. The castaways were never seen again.
- On June 20, 1782, Congress adopts the Great Seal of the United States after six years of discussion. The front of the seal depicts a bald eagle clutching an olive branch in its right talon and arrows in its left, with a shield marked with 13 vertical red and white stripes on its breast.
- On June 23, 1902, German automaker Daimler-Motoren-Gesellschaft registers "Mercedes" as a brand name. A three-point star was registered as a trademark in 1909 and used on all Mercedes vehicles after 1910.
- On June 24, 1948, the Soviet Union blocks all road and rail traffic to and from West Berlin. Panic set in as its population worried about food, water and medical aid. Just two days later, the United States began a massive airlift of supplies into West Berlin.
- On June 19, 1953, Julius and Ethel Rosenberg, convicted of conspiring to pass U.S. atomic secrets to the Soviets, are executed at Sing Sing Prison in New York. Both proclaimed their innocence right up to the time of their deaths.
- On June 21, 1965, the Byrds' debut album, "Mr. Tambourine Man," is released and marks the beginning of the folk-rock revolution. In just a few months, the Byrds had become a household name.
- On June 18, 1983, the space shuttle Challenger is launched on its second mission. Aboard the shuttle was Dr. Sally

Ride, who as a mission specialist became the first American woman to travel into space. Ride, an astrophysicist from Stanford University, operated the shuttle's robot arm, which she had helped design.

#### **STRANGE BUT TRUE**

- It was the multitalented Brit G.K. Chesterton -- he was a poet, philosopher, dramatist, journalist, orator, lay theologian, biographer, and art critic -- who made the following sage observation: "The men who really believe in themselves are all in lunatic asylums."
- Those who study such things say that the word "daisy" started out as "day's eye" and was shortened over the years. Similarly, "God be with you" became "goodbye" and "whole be thou" became "hello."
- Becoming a sports star is the dream of many young people, so you might think that someone who is signed to a professional baseball contract has it made. You'd be wrong, though: Only 1 out of every 10 athletes who sign such a contract ever becomes a major-league ballplayer.
- The shortest song in the world is *You Suffer*, recorded in 1986 by the British band Napalm Death. It lasts precisely 1.316 seconds.
- In France in the 1700s, capital punishment was not uncommon, and criminals thus condemned were decapitated by the country's Chief Executioner. This position was hereditary, which posed a problem when, in 1726, the holder of that title, Charles-Jean-Baptiste Sanson, suffered an early death, leaving his 7-year-old son, Charles, to take up the grisly duties. It was obvious to all that a child could never wield the heavy ax required for the decapitations, so it was deemed acceptable for a helper to actually perform the executions. Only the official office-holder could put the official seal on the act, however, so the poor boy had to witness every one. It wasn't until the ripe old age of 12 that he began to take over the full duties of the office.

#### THOUGHT FOR THE DAY

"It's best to give while your hand is still warm." - Philip Roth

#### **SCRAMBLERS**

- 1. React; 2. Malaise;
- 3. Sprite; 4. Groan

Today's Word

**INCREASE** 

#### TRIVIA TEST

- 1. **Geography**: The island of Saipan is a commonwealth of which nation?
- 2. **Language**: How many lines are in a limerick?
- 3. **U.S. States**: What is the only U.S. state name that ends in three consecutive vowels?
- 4. **Astronomy**: Where is the Lowell Observatory located?
- 5. **Math**: What is the longest side of a right triangle called?
- 6. **History**: Which European conflict was ended with the Dayton Agreement in 1995?
- 7. **Literature**: Who wrote the novel "Mansfield Park"?
- 8. **U.S. Presidents**: Which president gave the famous Gettysburg Address?
- 9. **Comics**: What was the real name of the Green Arrow?
- 10. **Television**: What was Kramer's first name on "Seinfeld"?

#### TRIVIA ANSWERS

I. United States 2. Five 3. Hawaii4. Flagstaff, Arizona 5. Hypotenuse6. Bosnian War 7. Jane Austen 8.Abraham Lincoln 9. Oliver Queen10. Cosmo

# \* \* \* \* \* CLASSIFIED \* CLASSIFIED \* \* \* \* \*

#### **REAL ESTATE**

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# COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message. 6/1 \* 6/29

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#### 06/1 **☆** TFN

#### **CALOOSA SHORES**

3BR/2B Annual Rental \$2,700 month. Furnished, two car garage. Ground level, no stairs, 3 miles from school near Ding Darling. Begin July 2018. 239-770-5568. Call in evening. 6/8 \* 6/22

#### **ANNUAL RENTALS NOW AVAILABLE**

2/1 apt on Main Street \$1,900/mo. Dogs okay. 3/2 apt on Schooner Place \$2.000/mo. Dogs okay. Call Bridgit 239.728.1920

#### **EAST END COTTAGE**

Annual or Seasonal rental, East End Cottage, 1/2 duplex, near beach, 2BR/1BA, Furnished or Unfurnished, Laundry, Non-smoking, No pets. Available July 1, 630-417-0249.

#### ANNUAL RENTAL

#### SANIBEL ANNUAL RENTAL

Available July 1 – Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor - close access to the beach and causeway on the East End of Sanibel. Perfect location – \$3,800 per month. Call or text Rose at 239-851-5188. 6/15 \* 7/13

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#### JC 239-232-2232 jccpcleaning@aol.com

#### SCARNATO LAWN SERVICE

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#### HELP WANTED

# JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way

#### **HELP WANTED**

# ADMINISTRATIVE ASSISTANT - PART-TIME

The Clinic for the Rehabilitation of Wildlife (CROW) is looking for a detail-oriented, "people" person to help with our student and volunteer programs and to perform administrative and office support activities.

Duties include correspondence, maintaining schedules and databases, coordinating arrivals and orientations, taking reservations, and helping with general office support.

Applicants should be proficient in the use of computer and email, have excellent communication skills - written and verbal, and the ability to multi-task and meet deadlines. Must be a team player with positive attitude and must be able to work cooperatively with co-workers, students, volunteers and the public.

Please submit a resume to jurasky@ crowclinic.org to be considered. 6/15 24 6/29

#### **BOATS - CANOES - KAYAKS**

#### DOCKAGE

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800

#### FOR SALE/ADOPTION

# **GOLDEN RETRIEVER PUPS!**



Looking for forever homes! Ready: 6/22 AKC registered. Call/txt Taycie @ 937-668-5548. Insta: @thegoldenlifepups.

#### **GARAGE SALE**

#### **MOVING SALE**

1439 Albatross, Sanibel, Saturday, June 16 from 8:30am to 12:30pm Includes household items, seasonal decor, hand tools, step ladders, new compressor. beautiful bedding that includes pair of twin comforters still in original packaging (navy/ white nautical knots) and all the decorative accessories to match, beige rectangular UV sunshade, beach chairs, TREK bikes 6/15 \* 6/15



Report **Elder Abuse:** (800) 96-ABUSE To learn how to prevent elder abuse, contact:



www.AAASWFL.org Helpline: 866-41-ELDER

# LCEC Prepares For Hurricane Season

ee County Electric Cooperative's preparation begins long before a hurricane threatens to make landfall in Southwest Florida. In fact, LCEC works year-round to prepare for storms. One of the ways that LCEC prepares is to have resources needed for restoration by cultivating relationships with power line and tree-trimming contractors, fuel companies, material vendors, food service vendors, other cooperatives and local agencies for back-up resources.

In addition, LCEC's 375-plus employees play a critical role in the restoration plan. Employees put their typical job responsibilities on hold to pitch in during restoration, and work aroundthe-clock to get power restored for each and every customer as quickly as possible.

LCEC has a detailed restoration plan that outlines priorities of electric restoration during large power outages. LCEC's plan first calls for restoration of essential services such as hospitals, traffic signals, shelters and law enforcement. Next, power is restored to the largest number of customers. The last to be restored are individual services or services that need to be reconnected after repair to their home electrical system.

LCEC does not disconnect power before a storm. The utility lets Mother Nature run her course, and begins to restore power to impacted areas once winds are at a safe level.

How customers should prepare for outages:

Ensure that you have a back-up telephone if you use a cordless or other telephone that is dependent on electricity.

Have a battery-powered radio on hand and a supply of fresh batteries to stay aware of news and other information.

Keep a flashlight and extra batteries handy.

What to do when the lights go out: Help keep LCEC's telephone lines clear for emergency calls. Only call LCEC at 656-2300 to report downed power

Visually check your weather-head (on the roof where your service drop connects to the pole) and your meter box to make

sure it is not damaged.

Any damage to your home's electric system must be repaired by a licensed electrician and inspected by a designated agency before power to your home can be restored.

Turn off your appliances. This will protect them when service is restored, prevent electrical fires and lessen the chances of circuit overload when service is restored. You may leave one light on to serve as a visual signal that power has been restored.

Storm Safety Tips:

Stay clear of downed power lines. They may still be energized and dangerous. Puddles of water contacting downed lines are just as dangerous.

Don't trim trees or remove debris located near downed power lines. If you must remove debris from your home, don't pile it under or near electrical lines or equipment.

Residents on life support need to have an alternate plan in place to ensure the continuity of any life-support needs. This may include making special arrangements to spend time with a friend or relative during an outage or using a back-up generator.

If operating a portable generator, keep it outside and in an open area. Carbon monoxide emissions can be harmful. Follow all instructions regarding safe operation. Do not connect the generator directly to your main electrical panel. If installed incorrectly, power could flow into outside lines and injure you, your neighbors or utility crews working in the

Avoid detaining LCEC employees or contractors while they are working to restore power. This can be distracting, can cause an accident, and impedes the process.₩

From page 20

#### Iournament

California Closets; Boral Roofing LLC; Mike Patrick Electric; NAC Products; Shaw Industries; Southern Soffit; HONC Industries; Dream Weaver; Service Contracting Solutions; Emser Tile; Iberiabank; Shoreline Flooring; International Wholesale Tile; Kinetico Water Systems; Boat Master Trailer; Hooters; Coastal Building Materials/Cape Decks and Docks; The Ranch Concert Hall & Saloon; and Bass Pro Shops.

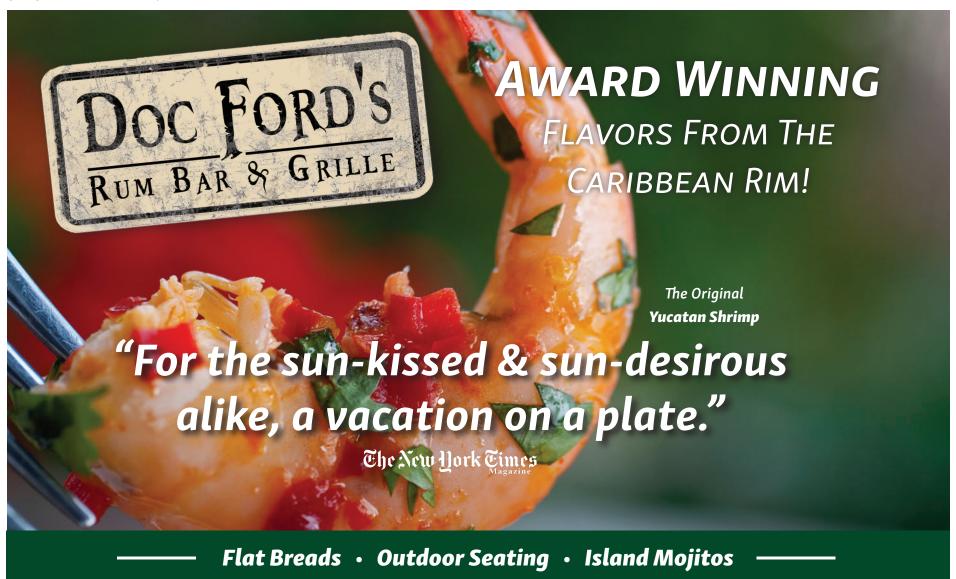
"This year's tournament has been the most successful to date" said Phillip Ford, executive vice president of the Lee BIA. "It would not have been possible without our generous sponsors, event partners, anglers and committee members that show up year after to year to support our association and 

# HORTOONS



# Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2017	6,314	\$5,995,000	\$5,800,000	404
Metes and Bounds	Sanibel	1972	1,634	\$3,248,000	\$2,950,000	22
Glenview	Fort Myers Beach	1969	3,048	\$2,199,000	\$2,000,000	24
Creekside	Bonita Springs	1998	4,000	\$1,750,000	\$1,700,000	39
Riverwalk	Bonita Springs	1995	4,443	\$1,589,000	\$1,525,000	180
Sanibel Estates	Sanibel	1973	1,920	\$1,220,000	\$1,160,000	180
Cape Harbour	Cape Coral	2000	2,435	\$879,900	\$830,000	114
Palm Isles	Fort Myers Beach	1997	4,000	\$849,000	\$750,000	462
East Rocks	Sanibel	1983	1,865	\$829,000	\$805,000	42
Bonita Lakes	Bonita Springs	2016	3,906	\$799,000	\$756,000	102

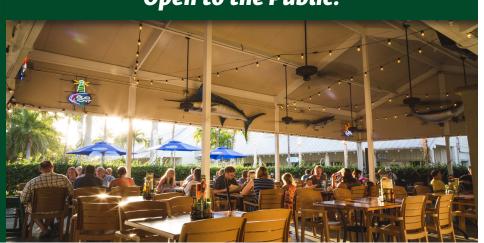


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